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bath

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Running head: Afferent pathway in CO<sub>2</sub>-water immersion evokes HR reduction

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**Abstract**

Like humans, the heart rate (HR) of anesthetized rats immersed in CO<sub>2</sub>-water is lower than that when immersed in tap water at the same temperature. To investigate the afferent signal pathway in the mechanism of HR reduction, Wistar rats were anesthetized with urethane and then the spinal cord was transected between T<sub>4</sub> and T<sub>5</sub>. The animals were immersed up to the axilla in a bathtub of tap-water (CO<sub>2</sub> contents: 10-20 mg·L<sup>-1</sup>) or of CO<sub>2</sub>-water (965-1400 mg·L<sup>-1</sup>) at 35°C while recording HR, arterial blood pressure, and arterial blood gas parameters (PaCO<sub>2</sub>, PaO<sub>2</sub>, pH). Arterial blood gas parameters did not change during immersion irrespective of CO<sub>2</sub> concentration of the bath water, whereas the HR was reduced in the CO<sub>2</sub>-water bath. The inhalation of CO<sub>2</sub>-mixed gas (5 % CO<sub>2</sub>, 20% O<sub>2</sub>, 75 % N<sub>2</sub>) resulted in increased levels of blood gases and an increased HR during immersion in all types of water tested. The HR reduction observed in sham transected control animals immersed in CO<sub>2</sub>-water disappeared after subsequent spinal cord transection. These results show that the dominant afferent signal pathway to the brain, which is involved in inducing the reduced HR during immersion in CO<sub>2</sub>-water, is located in the neuronal route and not in the bloodstream.

**Key words:** blood gas, HR reduction, cardiovascular modulation, CO<sub>2</sub> balneotherapy, neuronal afferent pathway

## Introduction

Balneotherapy and spa therapy emerged as important European treatment modalities during the 1800s (Matz *et al.* 2003) that are still practiced in many countries today. Carbon dioxide (CO<sub>2</sub>) balneotherapy using hot springs containing free CO<sub>2</sub> at concentrations above 1 g·L<sup>-1</sup> (ppm) (CO<sub>2</sub>-hot spring) has long been clinically applied to improve cardiovascular symptoms (Savin *et al.* 1995; Toriyama *et al.* 2002). The effects of percutaneously applied CO<sub>2</sub>-hot spring water on humans have been documented (Diji 1959; Schnizer *et al.* 1985), and the list of effects now includes heart rate (HR) reduction, a slight decrease in blood pressure, and increased blood flow in the skin (Dorrance 1940; McClellan and Doulin 1944). Although CO<sub>2</sub>-hot springs contain various mineral ingredients depending on geographical location, the effects of CO<sub>2</sub>-hot spring baths appear to be attributable to the high-CO<sub>2</sub> concentrations. Accordingly, artificial bath water containing high CO<sub>2</sub> concentrations (CO<sub>2</sub>-water) produces similar effects on physiological functions, such as increased blood flow to the skin (Nishimura *et al.* 2002; Toriyama *et al.* 2002).

Changes in human physiological functions while bathing in CO<sub>2</sub>-hot springs have also been clinically investigated (Stein 1942; McClellan 1963; Hartmann *et al.* 1997; Hartmann *et al.* 1997; Toriyama *et al.* 2002). However, the detailed mechanism of action of percutaneously applied CO<sub>2</sub> on physiological functions remains to be elucidated because of ethical restrictions on such research. In addition, the

difficulties associated with promptly generating sufficient quantities of CO<sub>2</sub>-water to fill a bathtub and maintaining high-CO<sub>2</sub> concentrations during the experiments also seem to have obstructed research progress in laboratories located far from natural springs. However, such difficulties can now be overcome using a novel apparatus to produce artificial CO<sub>2</sub>-water (Hashimoto and Yamamoto 2004). The CO<sub>2</sub>-water used in our previous study increased blood flow to immersed rat skin in a similar manner to that of CO<sub>2</sub>-hot spring baths on human skin, suggesting that the effects of the artificial CO<sub>2</sub>-water are comparable to those of natural CO<sub>2</sub>-hot spring water. Although the skin of rats does not become red, immersion in CO<sub>2</sub>-water does result in increased blood flow to the skin and decreased vascular resistance compared with immersion in tap-water (Hashimoto and Yamamoto 2004).

We previously reported that HR of rats was lower during immersion in CO<sub>2</sub>-water than in tap-water, and the lowered HR is probably achieved through the inhibition of sympathetic nerve activity rather than the facilitation of parasympathetic nerve activity (Hashimoto and Yamamoto 2004). Compared with efferent mechanisms, the afferent signal route that evokes a lowered HR remains unclear. To lower the HR, information about percutaneous invasion by CO<sub>2</sub> (Komoto *et al.* 1986) such as an increase in CO<sub>2</sub> gas and/or neuronal signals evoked by CO<sub>2</sub>, must be transported to the brain. We postulated that signals regarding cutaneous CO<sub>2</sub> levels are produced in the skin and then transported to the brain through the neuronal route.

Thus, the present study investigates the afferent pathway involved in the induction of a lowered HR during immersion in CO<sub>2</sub>-hot-springs, using laboratory animals and artificial CO<sub>2</sub>-water.

## **Materials and Methods**

The Committee for Animal Experiments at Asahikawa Medical University approved the experimental protocol, which proceeded according to the Guiding Principles for the Care and Use of Animals approved by the Council of the Physiological Society of Japan.

### ***Animals***

Male Wistar rats (body weight, 269-345 g; n=18) were separated into 3 groups for a blood gas analysis experiment (n=6), for an immersion after spinal cord transection experiment (n=6) and for an evaluation of the transection experiment (n=6). Animal preparation in detail was described elsewhere (Hashimoto and Yamamoto 2004). Briefly, the animals were anesthetized with urethane (1.39-1.60 g·kg<sup>-1</sup> body weight, i.p.) throughout the experiments, and prepared for measurement of the HR, arterial blood pressure (BP), skin blood flow (BF<sub>skin</sub>), colon and skin temperatures and immersed in bath water. All wounds immersed in the water were sealed with acrylic resin adhesive to prevent water infiltration. Accomplishment of the wound sealing was confirmed after the experiment.

### ***Immersion***

Water containing a high CO<sub>2</sub> concentration (965-1400 ppm, 35°C) was generated using an MRE-Spa

(Hashimoto and Yamamoto 2004). The animals were loosely fixed to plastic lattice-plates in the head-up position of about 30° to the horizontal in a polycarbonate bathtub (30 x 20 x 15 cm). The lower half of the rat body was immersed into CO<sub>2</sub>-water or tap-water (control) for 30 minutes at 35°C. Thereafter, the water was quickly siphoned off and replaced with that containing a different CO<sub>2</sub> concentration at the same temperature. Fresh air was constantly supplied to the face of the animals to minimize the inhalation of CO<sub>2</sub> that diffused from the bath water.

#### ***Blood gas analysis during immersion***

While bathing in CO<sub>2</sub>-hot springs, about 100-fold more CO<sub>2</sub> (about 30 mL·min<sup>-1</sup>·m<sup>-2</sup>) is absorbed through the skin surface than in regular water (Pratzel *et al.* 1984). Moreover, CO<sub>2</sub> that diffuses from the surface of CO<sub>2</sub>-hot spring water might be inhaled. We therefore analyzed blood gases to clarify whether CO<sub>2</sub>-water immersion affects blood gas contents, and how the inhalation of CO<sub>2</sub> during immersion affects cardiovascular functions.

We initially confirmed that the HR was lower during immersion in CO<sub>2</sub>-water than in tap-water while breathing fresh air, and then measured hemodynamic parameters and blood gases. We also investigated the effect of hypercapnia on the cardiovascular functions of anesthetized rats under a hydrostatic pressure load by immersion up to the axilla. CO<sub>2</sub>-mixed gas (5 % CO<sub>2</sub>, 20% O<sub>2</sub>, 75 % N<sub>2</sub>) instead of fresh air was supplied to the area around the face and then the same parameters were measured. The blood was drawn

(about 100  $\mu$ l) through a polyethylene catheter in the right femoral artery by using a heparinized glass capillary pipet at the end of each immersion period, and the blood gas parameters (pH, oxygen partial pressure; PaO<sub>2</sub> and carbon dioxide partial pressure; PaCO<sub>2</sub>) during immersion in both tap-water and CO<sub>2</sub>-water were monitored using a blood gas analyzer (Rapidlab 850, Bayer, Leverkusen, Germany). The total amount of the blood sampled from each animal did not exceed 0.8 ml.

#### ***Responses to immersion in CO<sub>2</sub>-water after spinal cord transection***

We transected the spinal cord to preserve a major cardiac branch of the sympathetic nervous system and to disconnect the input neuronal route from the immersed skin. A midline incision (about 2 cm) was cut on the dorsal skin over the thoracic vertebrae (T<sub>2</sub>-T<sub>6</sub>), and the dura matter was exposed between T<sub>4</sub> and T<sub>5</sub> in 6 animals with all probes attached. After the laminectomy, the skin incisions were temporarily closed with small Bulldog-type clamps positioned above the bath water level. The animals were then immersed in the bathtub and recordings were taken. After the HR reduction during immersion in CO<sub>2</sub>-water was ascertained, the plastic plate with the animals was removed from the bath water and placed horizontally over the bathtub. Sham spinal cord transection then proceeded as follows.

The clamps closing the skin wounds were removed, the incision was reopened, the spinal cord between T<sub>4</sub> and T<sub>5</sub> was exposed but not transected, and then the skin was closed with the same clamps. The animals were then challenged using the immersion protocol described above. Thereafter, control

measurements were taken, the animals were removed from the water again, and the spinal cord between T<sub>4</sub> and T<sub>5</sub> was transected using a surgical blade (No.11, Feather Inc. Tokyo, Japan). The wounds were closed, the animals were again immersed in the bathtub and the effects of the spinal cord transection (SCT) on the HR were examined. The experiments started about 30 min after SCT when the HR stabilized. Successful SCT was determined as the absence of a reaction to pain (BP increase) evoked by pinching the skin below the transection with toothed forceps. After the experiment, the site and range of the transection in the spinal cord were anatomically confirmed. All experiments proceeded in an air-conditioned room ( $26 \pm 1$  °C,  $65 \pm 10$  %).

Figure 1 summarizes the schedules of the water exchanges in the bathtub and experimental procedures.

#### ***Evaluation of effect of SCT on cardiac sympathetic nerve activity***

To evaluate the influence of SCT on cardiac sympathetic nerve activity, we examined baroreflex modulation of cardiac functions and the effects of the autonomic nervous system blockade in a group of 6 male Wistar rats. A femoral vein was cannulated with polyethylene tubing for drug administrations, and the common carotid arteries of both sides were exposed and loosely tied with a silk suture (size 5). Bilateral carotid artery occlusion (CAO) was established by pulling both ends of the sutures through a short polyethylene tube for 15 sec. Following a bolus intravenous (i.v.) injection of atropine sulfate (parasympathetic blocker, Sigma,  $1 \text{ mg}\cdot\text{ml}^{-1}\cdot\text{kg}^{-1}$  body weight), an additional dose was infused ( $30 \text{ }\mu\text{g}\cdot 77$

$\mu\text{l}^{-1}\cdot\text{kg}^{-1}\cdot\text{h}^{-1}$ , i.v.) using a pump (IP-21, Nikkiso, Tokyo, Japan) until the end of the experiment. When all recorded parameters were stabilized, the first baroreflex responses were induced by a 15 s-CAO. After BP and HR recovered from the first CAO, control sham-transection was performed as described above, and the CAO was repeated. Thereafter, SCT proceeded as described for the immersion experiments, and then the baroreflex responses to BP and HR was examined. Following these procedures, atenolol (heart-selective sympathetic blocker,  $100\ \mu\text{g}\cdot\text{kg}^{-1}$ ;  $100\ \mu\text{l}$ ) was intravenously infused for 1 min, and the contribution of the cardiac sympathetic nerve to the baroreflex in HR was evaluated. The doses of these autonomic nerve antagonists were selected based on published dose-response relationships to induce maximal inhibition (atenolol) or facilitation (atropine) of HR in the rats (Merrick *et al.* 1979; Tabrizchi *et al.* 1988; Hashimoto and Yamamoto 2004). At the end of the experiment, a bolus injection of atropine sulfate ( $1\ \text{mg}\cdot\text{kg}^{-1}$ , i.v.) was administered to evaluate whether cardiac parasympathetic activities had been negligible throughout the experiment. The colon temperature of the anesthetized animals was maintained within the range of  $35\text{-}36^{\circ}\text{C}$  throughout the experiment using a heat-pad (BWT-100, Bio Research Center Co. Ltd., Nagoya, Japan) and a blanket.

### ***Data analysis***

All signals obtained during the immersion experiments were captured and stored every second using a personal computer (PC9801, NEC, Tokyo, Japan) and simultaneously recorded using an R-66 multi-pen

recorder (Rika Denki, Tokyo, Japan) on chart paper. To evaluate the effect of CO<sub>2</sub>-water immersion on the skin vascular system, the BP divided by BF<sub>skin</sub> was determined as an index of vascular resistance (VR<sub>skin</sub>). For statistical analysis, data stored for 20 min starting from 10 min after the bath water exchanges were averaged to establish representative values during bath immersion. When CO<sub>2</sub>-water immersion or tap-water immersion was repeatedly performed, a representative value of each parameter recorded during CO<sub>2</sub>-water immersion or tap-water immersion was calculated from more stable recordings. Data were statistically analyzed by two-way ANOVA with repeated measures followed by pair-wise contrasts using the Newman-Keuls post-hoc test. Differences (means ± SEM) were considered significant at  $P < 0.05$ .

## Results

The temperatures of the colon and skin of all animals before the first immersion were  $35.9 \pm 0.3^{\circ}\text{C}$  (n=18) and  $33.1 \pm 1.1^{\circ}\text{C}$ , respectively. The HR was  $364 \pm 8 \text{ beats}\cdot\text{min}^{-1}$ , BF<sub>skin</sub> was  $4.8 \pm 0.5 \text{ ml}\cdot\text{min}^{-1}\cdot 100 \text{ g}^{-1}$  and the BP was  $83 \pm 6 \text{ mmHg}$ . The pH, PaO<sub>2</sub> and PaCO<sub>2</sub> (n=6) before the first immersion were  $7.34 \pm 0.03$ ,  $92.3 \pm 2.30 \text{ mmHg}$  and  $48.9 \pm 0.74 \text{ mmHg}$ , respectively.

Compared with immersion in tap-water, the BF<sub>skin</sub> significantly increased ( $28.2 \pm 5.0\%$ ), and the HR significantly decreased by  $4.3 \pm 1.1\%$  while the BP did not change during immersion in CO<sub>2</sub>-water. A large fluctuation recorded for some parameters after each water exchange disappeared within 10 min. The

temperatures of the colon and skin during CO<sub>2</sub>-water immersion were  $37.1 \pm 0.2^{\circ}\text{C}$  and  $35.7 \pm 0.2^{\circ}\text{C}$ , respectively, and were identical to the values obtained during immersion in tap-water.

### ***Blood gas analysis during immersion***

Table 1 summarizes the results of the blood gas analysis experiments. Neither the pH nor the blood gases ( $\text{PaO}_2$  and  $\text{PaCO}_2$ ) were affected by immersion in either tap-water or CO<sub>2</sub>-water when the animals inhaled fresh air.

Respiratory frequency and depth seemed to increase after changing from fresh air to CO<sub>2</sub> mixed-air inhalation in the immersed rats both in tap-water and in CO<sub>2</sub>-water. While breathing 5%-CO<sub>2</sub> for 5 min, blood gases of the animals immersed in tap-water significantly increased by  $29.9 \pm 4.3\%$  ( $\text{PaO}_2$ ) and  $36.8 \pm 3.9\%$  ( $\text{PaCO}_2$ ). Similarly, the  $\text{PaO}_2$  and  $\text{PaCO}_2$  of the animals immersed in CO<sub>2</sub>-water and breathing CO<sub>2</sub> increased by  $29.0 \pm 2.5\%$  and  $27.1 \pm 3.0\%$ , respectively. The blood pH, on the other hand, significantly decreased during immersion in both tap-water and CO<sub>2</sub>-water. Compared with fresh air inhalation, the HR of animals breathing CO<sub>2</sub> mixed-air increased by  $4.4 \pm 0.8\%$  (tap-water) and  $6.7 \pm 0.2\%$  (CO<sub>2</sub>-water), but these differences did not reach statistical significance.

### ***Responses to immersion after SCT***

Figure 2 shows representative recordings of HR, BP and  $\text{BF}_{\text{skin}}$ . No sudden temporal movements, such as hind leg extension, occurred before (the sham operation) or after SCT. Before and after sham SCT,

the rat HR in CO<sub>2</sub>-water was larger than that in tap-water in all animals. Though an increase in BF<sub>skin</sub> was not always observed by changing bath-water from tap-water to CO<sub>2</sub>-water, VR<sub>skin</sub> was always smaller in CO<sub>2</sub>-water than in tap-water. After the SCT, the basal level (during tap water immersion) of BF<sub>skin</sub> increased and VR<sub>skin</sub> decreased, and the effect of CO<sub>2</sub>-water immersion on these parameters disappeared as well as on HR.

Figure 3 summarizes the effects of SCT on the changes in the HR and BP induced by immersion in CO<sub>2</sub>-water. The HR before SCT during CO<sub>2</sub>-water immersion was significantly smaller ( $2.7 \pm 0.7\%$ ) than that during tap-water immersion (Fig. 3A), but this difference disappeared after SCT. Base-line level of mean BP remained constant during immersion in both tap-water and CO<sub>2</sub>-water before and after SCT (Fig. 3B).

Before SCT, the values of BF<sub>skin</sub> were  $8.7 \pm 2.0$  and  $10.0 \pm 2.2$  ml·min<sup>-1</sup>·100g<sup>-1</sup> during immersion in tap-water and in CO<sub>2</sub>-water, respectively. The BF<sub>skin</sub> during immersion in tap-water significantly increased after SCT (by  $19.1 \pm 5.1\%$ ), and the increased BF<sub>skin</sub> caused by immersion in CO<sub>2</sub>-water disappeared after SCT. These changes in BF<sub>skin</sub> were reflected in the VR<sub>skin</sub> (Fig. 3C) immersed in tap-water that was significantly decreased by SCT ( $14.7 \pm 4.4\%$ ). The reduced VR<sub>skin</sub> ( $9.5 \pm 2.1\%$ ) of the control animals induced by immersion in CO<sub>2</sub>-water disappeared after SCT.

#### ***Evaluation of the influence of SCT on cardiac sympathetic nerve activity***

The representative recording in Figure 4 shows that baroreflex increases in BP and HR in response to common carotid artery occlusion (CAO) occurred in all animals. Table 2 summarizes the influence of SCT on the changes of BP and HR in response to an autonomic blockade and CAO. The first intravenous administration of atropine in the experiment produced a statistically significant HR increase of about 6%, while BP did not change. However, atenolol administration decreased HR by about 17% ( $p < 0.05$ ) without any significant BP changes. Neither HR nor BP was influenced by SCT under these experimental conditions. Figure 5 summarizes the HR and BP responses to CAO. Significant increases in HR were evoked by CAO before SCT (11.8%,  $p < 0.05$ ) as well as after SCT (10.2%,  $p < 0.05$ ), but the differences were not statistically significant. Figure 5 shows that atenolol suppressed the baroreflex-induced HR increase that was significantly sustained after SCT ( $p < 0.01$ ). The degree of the baroreflex BP increase induced by CAO did not statistically differ among experiments irrespective of SCT and autonomic blockade.

## **Discussion**

Immersion did not affect arterial blood gases or pH in animals inhaling fresh air, irrespective of the CO<sub>2</sub> concentration in the water, whereas HR was reduced in rats immersed in CO<sub>2</sub>-water (Table. 1). When the rats breathed air containing 5%-CO<sub>2</sub>, the HR and PaCO<sub>2</sub> of those immersed in tap-water significantly increased. Irrespective of the consciousness state of the rats, response to HR either decreases

or does not change in response to CO<sub>2</sub> inhalation ranging from mild (3-6%) to severe (12%) hypercapnic levels under general room conditions (Walker 1987; Greenberg *et al.* 1999; Hirakawa and Hayashida 2002; Krohn *et al.* 2003). In contrast to these findings, we induced an increase in the HR of anesthetized rats during water immersion. On the other hand, many studies have shown that water immersion in a thermoneutral environment induces a reduced HR in both humans (Perini *et al.* 1998; Pump *et al.* 2001) and other animals (Yoshino *et al.* 1988; Cornish *et al.* 1999). Although the mechanism remains ambiguous, when taking this circumstantial evidence into consideration, CO<sub>2</sub> inhalation combined with immersion either in tap-water or CO<sub>2</sub> water might have induced the HR increase. Except for the variety of HR responses, one coincidence among the different experimental conditions was that the PaCO<sub>2</sub> indicated hypercapnea in all the animals. However, we found that the PaCO<sub>2</sub> level was not significantly elevated in rats immersed in CO<sub>2</sub>-water while breathing fresh air. Furthermore, considering that the HR was lower in rats immersed in CO<sub>2</sub>-water than in tap-water under 5%-CO<sub>2</sub> inhalation, the HR decrease induced by CO<sub>2</sub>-water immersion in rats breathing fresh air was not apparently induced by these blood parameters.

To intercept possible afferent signals conducting information about increased CO<sub>2</sub> invasion in the skin, we performed SCT. The HR reduction observed during CO<sub>2</sub>-water immersion disappeared after SCT at T<sub>4</sub>-T<sub>5</sub> (Fig. 3). These results imply that stimulation by CO<sub>2</sub>-water immersion is received by a mechanism in the skin. This information is conducted to the brain through the spinal cord, which results in

a reduction of cardiac sympathetic activity (Hashimoto and Yamamoto 2004). Usually, SCT at this level does not directly affect cardiac functions because the dominant preganglionic sympathetic nerve to the heart passes at a higher level of the spinal cord in rats (Pardini *et al.* 1989; Baldrige *et al.* 2002). Baldrige and co-workers (2002) observed that cardiac function was facilitated after SCT at the same level in anesthetized rats. However, they postulated that the HR increase is not a primary response to the SCT but a secondary baroreflex cardiac response induced by a decrease in the blood pressure caused by vascular atonia after SCT. If SCT indeed increases the HR and compensates for the HR reduction induced by immersion in CO<sub>2</sub>-water, then an HR decrease after SCT and immersion in CO<sub>2</sub>-water might have been undetectable under our conditions.

In the last series of experiments that evaluated the influence of SCT on the cardiac sympathetic nervous system, a parasympathetic antagonist (atropine) was continuously infused throughout the experiment. The inhibitory effect of atropine upon the cardiac parasympathetic nerves is thought to have been functionally maintained throughout the experiment, since a bolus injection of atropine administered at the end of the experiment did not increase the HR. Though a baroreflex HR increase can be achieved not only by sympathetic nerve activation but also by cardiac parasympathetic nerve inhibition (Brezinoff *et al.* 1982; Ferrari *et al.* 1991), our results indicated that the CAO-evoked HR increase was controlled by the sympathetic nervous system under our conditions. Even if the HR did not change after SCT it would not

mean that the cardiac sympathetic nerve was unaffected by the transection, because the parasympathetic effects could compensate for the HR changes. This is unlikely however, since a parasympathetic blockade was maintained throughout the experiment. The finding of an unchanged HR after SCT agrees with the notion that SCT does not inhibit cardiac sympathetic nerve activity.

The HR decrease induced by atenolol in animals after SCT suggests that SCT did not damage the tonic activity of the cardiac sympathetic nerve. The fact that the HR response to CAO was not influenced by the spinal cord transection also supports this notion. In addition, the inhibition of the baroreflex response to HR by atenolol showed that the sympathetic nervous system through which cardiac functions are modulated, was functionally unaffected by SCT. All the results of this additional experiment showed that the regulatory function of the cardiac sympathetic nervous system is maintained after SCT.

All of the present results indicate that neuronal signaling through the spinal cord is the dominant source of the decreased HR of rats immersed in CO<sub>2</sub>-water, rather than humoral factors in the bloodstream. Information about CO<sub>2</sub> levels in the skin is probably generated in and/or around the skin, and then transported to the brain through the spinal cord. Electrophysiological observations show that cold nerve activity in cat skin is inhibited by CO<sub>2</sub> (Dodt 1956) and that warm neurons in the preoptic area of the rat hypothalamus are facilitated by CO<sub>2</sub> (Tamaki *et al.* 1989). Cold exposure generally induces a metabolic increase that results in an increased HR (Fisher *et al.* 1985), and also suggests that inhibition of the cold

sensation would reduce HR. Our findings also imply that thermosensitive neurons in the skin are candidates for the input signal generator. However, whether neurons and receptor mechanisms actually generate information regarding CO<sub>2</sub> invasion into the skin tissue from bath water containing high concentrations of CO<sub>2</sub> remains to be addressed in future studies.

The present results also suggest that bathing in CO<sub>2</sub>-hot springs when patients have cardiovascular diseases and spinal cord damage is a valid therapy. To standardize the clinical effects of bathing in CO<sub>2</sub>-hot springs, the basic mechanism of action should be further analyzed.

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Table 1. Effect of fresh air and CO<sub>2</sub> mixed gas inhalation on hemodynamic parameters and blood gas of anesthetized rats immersed in tap- and CO<sub>2</sub>-water.

	<b>BP</b> [mmHg]	<b>HR</b> [bpm]	<b>BF<sub>skin</sub></b> [mL·min <sup>-1</sup> · 100g <sup>-1</sup> ]	<b>VR<sub>skin</sub></b> [mmHg·min· 100g·mL <sup>-1</sup> ]	<b>pH</b>	<b>PaO<sub>2</sub></b> [mmHg]	<b>PaCO<sub>2</sub></b> [mmHg]
<b>Fresh air</b>							
Tap-water (Ft)	104±9	390±15	3.9±0.9	24.7±2.2	7.38±0.01	87.9±7.8	43.7±1.9
CO <sub>2</sub> -water (Fc)	97±9	374±14 <sup>a</sup>	5.0±0.9 <sup>a</sup>	19.2±2.9 <sup>a</sup>	7.35±0.02	90.4±8.0	44.0±2.8
<b>Air containing 5 % CO<sub>2</sub></b>							
Tap-water (Ct)	114±5	407±18 <sup>b</sup>	4.0±0.8	25.4±2.8 <sup>b</sup>	7.24±0.04 <sup>b</sup>	114.2±4.0 <sup>b</sup>	59.8±3.6 <sup>b</sup>
CO <sub>2</sub> -water (Cc)	107±9	399±15 <sup>c</sup>	4.5±1.0	23.4±4.2 <sup>c</sup>	7.25±0.03 <sup>c</sup>	116.6±5.7 <sup>c</sup>	55.9±1.4 <sup>c</sup>

Values are means ± SEM from 2 groups of 6 rats each. BP, mean arterial blood pressure; HR, heart rate;

BF<sub>skin</sub>, immersed skin tissue blood flow; VR<sub>skin</sub>, vascular resistance of immersed skin; pH, arterial blood

pH; PaO<sub>2</sub>, arterial blood partial pressure of oxygen; PaCO<sub>2</sub>, arterial blood partial pressure of carbon dioxide.

Statistical significance (p < 0.05); <sup>a</sup>, Fc compared with Ft; <sup>b</sup>, Ct compared with Ft; <sup>c</sup>, Cc compared with Fc.

Table 2. Heart rate (HR) and mean arterial blood pressure (BP) changes in response to bilateral carotid artery occlusion for 15s (CAO) before and after spinal cord transection (SCT) and i.v administration of autonomic antagonist (atropine, atenolol).

<b>Treatment</b>		<b>HR [bpm]</b>	<b>BP [mmHg]</b>
<b>Atropine</b>	<b>Before</b>	<b>372 ± 10</b>	<b>57 ± 1</b>
	<b>After</b>	<b>394 ± 8*</b>	<b>56 ± 2</b>
<b>CAO</b>	<b>Before</b>	<b>391 ± 9</b>	<b>58 ± 1</b>
	<b>At peak</b>	<b>437 ± 10*</b>	<b>80 ± 3*</b>
<b>SCT</b>	<b>Before</b>	<b>391 ± 9</b>	<b>58 ± 1</b>
	<b>After</b>	<b>392 ± 10</b>	<b>60 ± 2</b>
<b>CAO (after SCT)</b>	<b>Before</b>	<b>392 ± 10</b>	<b>60 ± 2</b>
	<b>At peak</b>	<b>432 ± 13*</b>	<b>79 ± 4*</b>
<b>Atenolol (after SCT)</b>	<b>Before</b>	<b>391 ± 10</b>	<b>59 ± 2</b>
	<b>After</b>	<b>334 ± 7*</b>	<b>59 ± 3</b>
<b>CAO after Atenolol (after SCT)</b>	<b>Before</b>	<b>334 ± 7</b>	<b>58 ± 2</b>
	<b>At peak</b>	<b>347 ± 8</b>	<b>72 ± 3*</b>
<b>Atropine at the end (after SCT)</b>	<b>Before</b>	<b>342 ± 13</b>	<b>59 ± 2</b>
	<b>After</b>	<b>349 ± 15</b>	<b>53 ± 1</b>

Values are means ± SEM (n=6). \*, statistically significant difference ( $p < 0.05$ ) from previous value at each treatment.

## Figures (with Legends)

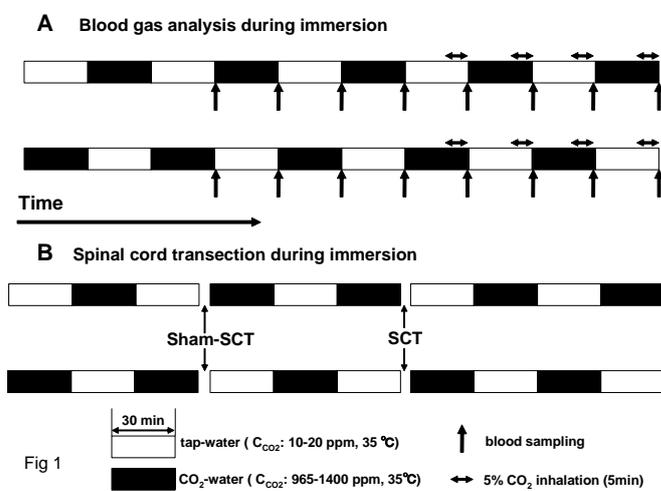


Fig. 1. Schedule of water immersion, blood gas analysis (A) and spinal cord transection (SCT, B). To avoid

effects of this order, the starting bathtub water was randomly tap- or CO<sub>2</sub>-water in each experiment.

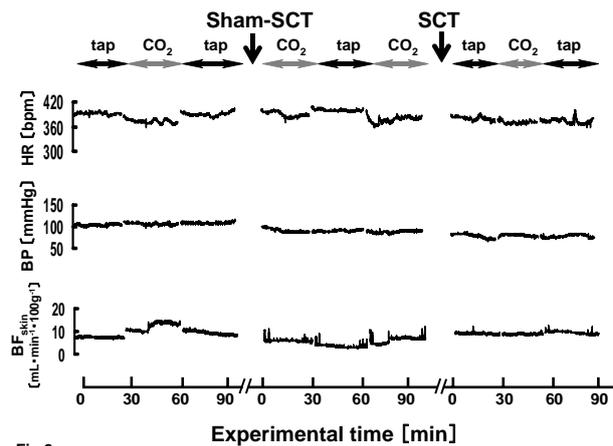


Fig 2

Fig. 2. Representative recordings of heart rate (HR), mean blood pressure (BP) and skin tissue blood flow in the skin (BF<sub>skin</sub>) from anesthetized rat during spinal cord transection. Bath tub water temperature was maintained at 35°C throughout. Arrows show time of sham (Sham SCT) and spinal cord (SCT) transections. CO<sub>2</sub>, water containing 965~1400 ppm CO<sub>2</sub>; tap, normal tap-water containing ~20 ppm CO<sub>2</sub>.

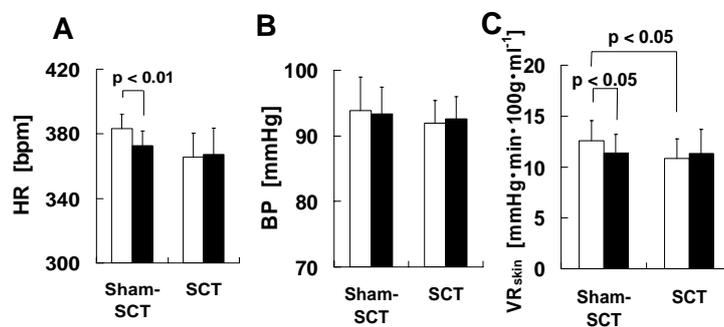


Fig 3

Fig. 3. Effect of spinal cord transection (SCT) on heart rate reduction during immersion in CO<sub>2</sub>-water.

Effects of SCT on heart rate (HR), mean blood pressure (BP) and resistance index of blood vessels in

immersed skin (VR<sub>skin</sub>) before (Sham-SCT) and after (SCT) transection. Values are means ± SEM from

same group of 6 animals during immersion in tap-water (open columns) and in CO<sub>2</sub>-water (closed columns).

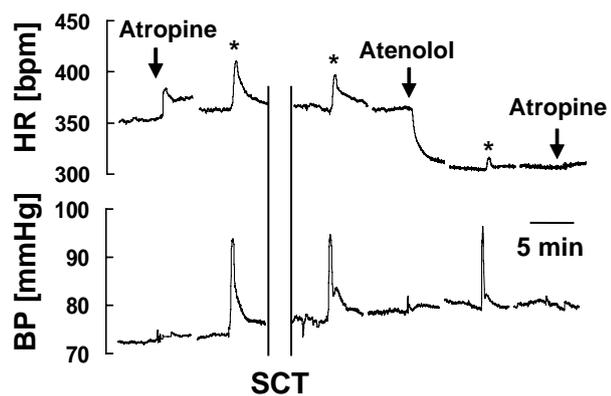


Fig 4

Fig. 4. Representative recordings of baroreflex in heart rate (HR) and mean blood pressure (BP) in response to bilateral common carotid artery occlusion for 15 s (CAO) before and after spinal cord transection (SCT).

Arrows show timing of drug injection to block cardiac sympathetic nerves (Atenolol) or parasympathetic nerves (Atropine). Asterisks indicate CAO. After BP and HR recovery from first 15s-CAO responses, SCT was performed.

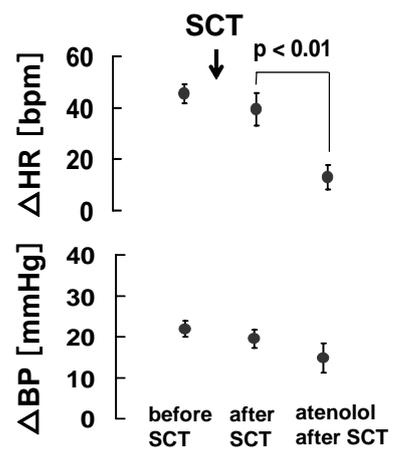
**Fig 5**

Fig. 5. Effects of spinal cord transection (SCT) and administration of heart-selective sympathetic antagonist

(atenolol) on baroreflex cardiac activation by bilateral common carotid artery occlusion.

Mean increases in heart rate ( $\Delta HR$ ) and in mean blood pressure ( $\Delta BP$ ) with SEM of same group of 6 rats

(atropinized).