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A glucagon-like peptide-1 analog, liraglutide improves visceral sensation and gut permeability in rats

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1 **A glucagon-like peptide-1 analog, liraglutide improves visceral sensation and**
2 **gut permeability in rats**

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30

31

32 **Background and Aim:** A glucagon-like peptide-1 (GLP-1) analog, liraglutide, has been
33 reported to block inflammatory somatic pain. We hypothesized that liraglutide attenuates
34 lipopolysaccharide (LPS)- and repeated water avoidance stress (WAS)-induced visceral
35 hypersensitivity and tested the hypothesis in rats.

36 **Methods:** The threshold of the visceromotor response (VMR) induced by colonic balloon
37 distention was measured to assess visceral sensation. Colonic permeability was determined
38 in vivo by quantifying the absorbed Evans blue spectrophotometrically, which was instilled
39 in the proximal colon for 15 min. The interleukin-6 (IL-6) level in colonic mucosa was also
40 quantified using ELISA.

41 **Results:** Subcutaneously (s.c.) injected LPS (1 mg/kg) reduced the VMR threshold after 3
42 h. Liraglutide (300 µg/kg s.c.) at 15 h and 30 min before injecting LPS eliminated LPS-
43 induced allodynia. It also blocked the allodynia induced by repeated WAS for 1 h for 3
44 consecutive days. Neither vagotomy nor naloxone altered the antinociceptive effect of
45 liraglutide, but N^G-nitro-L-arginine methyl ester, a nitric oxide (NO) synthesis inhibitor,
46 blocked it. LPS increased colonic permeability and the IL-6 level, and the analog
47 significantly inhibited these responses.

48 **Conclusions:** This study suggests that liraglutide blocked LPS-induced visceral allodynia,
49 which may be a NO-dependent response, and was probably mediated by inhibiting
50 proinflammatory cytokine production and attenuating the increased gut permeability.
51 Because the LPS-cytokine system is considered to contribute to altered visceral sensation
52 in irritable bowel syndrome, these results indicate the possibility that liraglutide can be
53 useful for treating this disease.

54

55 Key words: Liraglutide, Visceral pain, Colonic permeability, lipopolysaccharide, Water

56 avoidance stress

57 **Introduction**

58 Irritable bowel syndrome (IBS) is a functional gastrointestinal disorder characterized by the
59 presence of recurrent or chronic abdominal pain with altered bowel habits without any
60 organic cause.¹ Disturbed gut motility and altered visceral sensory function play important
61 roles in IBS pathophysiology.²

62 The importance of the immune system activation in the development of IBS is well
63 recognized.^{3,4} There is evidence that plasma proinflammatory cytokines and serum
64 lipopolysaccharide (LPS) levels are elevated,^{5,6} and increased gut permeability with minor
65 mucosal inflammation has been identified in IBS.^{7,8}

66 LPS-induced stimulation of cytokine release from peripheral blood mononuclear
67 cells is enhanced in IBS, and greater severity of symptoms, such as urgency and diarrhea, is
68 associated with a higher cytokine response induced by LPS.⁹ We also recently
69 demonstrated that LPS induced visceral allodynia via the interleukin (IL)-1 and IL-6
70 pathways in rats. Therefore, LPS-cytokine pathways may contribute to visceral
71 hypersensitivity in IBS, and thus, we advocated that this visceral sensory response by LPS
72 could be used for an experimental animal model of IBS.¹⁰

73 Glucagon-like peptide-1 (GLP-1), a gut-derived hormone, is released from intestinal
74 L cells and potentiates glucose-dependent insulin release by activating GLP-1 receptors
75 located in pancreatic β cells.¹¹ GLP-1 receptors are expressed in various tissues such as
76 neurons and gastrointestinal tract^{12,13} and display a wide variety of physiological activities.

77 Activating GLP-1 receptors in immune cells reduces the production of
78 proinflammatory cytokines.^{14, 15} In addition, a GLP-1 analog was demonstrated to attenuate
79 inflammation- and peripheral nerve injury-induced somatic pain, among others.^{16, 17} In this
80 context, a GLP-1 analog may be beneficial for treating IBS via its antinociceptive effect
81 and antiinflammatory activity.

82 In this study, we attempted to determine the effect of liraglutide, a GLP-1 analog,
83 on LPS- and repeated water avoidance stress (WAS)-induced visceral allodynia, which are
84 considered to be features appropriate for establishing experimental animal models of IBS¹⁰,
85 ¹⁸ to examine the above possibility.

86

87 **Materials and Methods**

88 *Animals.* Adult male Sprague Dawley rats (Charles River Laboratory, Atsugi, Japan)
89 weighing approximately 300 g were used. The animals were housed in groups under
90 controlled conditions of illumination (12-h light/dark cycle starting at 7 a.m.) and
91 temperature at 23-25°C with food (Solid rat chow, Oriental Yeast, Tokyo, Japan) and water
92 available ad libitum.

93

94 *Chemicals.* LPS obtained from Escherichia coli with the serotype 055:B5 (Sigma-Aldrich,
95 St. Louis, MO, USA); liraglutide (Novo Nordisk, Bagsvaerd, Denmark), naloxone
96 hydrochloride, an opioid receptor antagonist; N^G-nitro-L-arginine methyl ester (L-NAME),
97 a nitric oxide (NO) synthesis inhibitor; and IL-1 β (Wako Pure Chemical Industries, Osaka,

98 Japan) were dissolved in normal saline. The chemical doses were determined according to
99 previous studies.^{10, 19, 20}

100

101 ***Measuring visceral sensation.*** Visceral sensation was assessed by colonic distention-
102 induced abdominal muscle contractions (visceromotor response; VMR) using
103 electromyogram (EMG) in conscious rats.^{10, 21, 22}

104

105 ***Implanting electrodes and placing colonic distention balloon.*** Under brief ether anesthesia,
106 the electrodes (Teflon-coated stainless steel, 0.05-mm diameter, MT Giken, Tokyo, Japan)
107 were inserted approximately 2 mm into the left external oblique musculature via a small
108 skin incision. They were fixed to the musculature by cyanoacrylate instant adhesive
109 together with the incised skin. The electrode leads were directly externalized through this
110 closed incision without a subcutaneous tunnel. A distension balloon (6-Fr disposable
111 silicon balloon urethral catheter, JU-SB0601; Terumo Corporation, Tokyo, Japan) was
112 intra-anally inserted, with the distal end positioned 2 cm proximal to the anus. Analgesics
113 were not administered after the surgery.

114

115 ***Colonic distention and measuring abdominal muscle contractions.*** After completing
116 electrode implantation and balloon placement, the rats were placed in Bollmann cages and
117 acclimated to experimental conditions for 30 min before testing. The electrode leads were
118 then connected to an EMG amplifier, and EMG signals were amplified, filtered (3000 Hz),

119 digitized by a PowerLab system (AD Instruments, Colorado Springs, CO, USA) and
120 recorded using a computer software (LabChart 7; AD Instruments). Colonic distension was
121 performed 30 min after the surgery, as previously described,^{10, 22} namely, the ascending
122 method of limits paradigm with phasic distensions was applied by manually inflating the
123 balloon with water using a syringe, and the distention increased progressively in 0.1 ml
124 steps for 5 s until significant sustained abdominal muscle contractions, i.e., VMR, were
125 detected (Fig. 1a). The VMR threshold was defined as the distended balloon volume (ml)
126 that induced VMR. Tang et al.²³ previously demonstrated that colorectal distention-induced
127 pain threshold, assessed by observing abdominal withdrawal reflex using a balloon quite
128 similar to ours, could be determined as the distended balloon volume in rats and could also
129 show that intracolonic pressure was linearly associated with intraballoon volume. The
130 threshold was assessed twice (2-min interval), and the threshold mean was calculated as the
131 data of the animals. The percentage change threshold, i.e., the threshold value after drug
132 administration divided by the basal threshold value and multiplied by 100, was also
133 calculated.

134

135 ***Experimental procedures.*** First, the basal VMR threshold was measured. The electrodes
136 and distention balloon were then removed, and either the vehicle or LPS at a 1-mg/kg dose
137 was subcutaneously (s.c.) injected. The rats were returned to their home cages, and after 2.5
138 h, they again underwent surgery for electrode implantation and balloon placement. The
139 second measurement of threshold was performed 3 h after the injection. The vehicle or

140 liraglutide at a 300- μ g/kg dose was s.c. injected twice at 15 h and 30 min before injecting
141 LPS (Fig. 1b).

142 Next to explore the mechanisms of action by liraglutide, the effects of vagotomy,
143 naloxone (1 mg/kg s.c.) and L-NAME (10 mg/kg intraperitoneally) were examined. These
144 drugs were administered twice together with liraglutide or the vehicle.

145 The effect of liraglutide on repeated WAS-induced allodynia was also assessed.
146 First, the basal threshold was measured, and either WAS or sham stress was applied for 1 h.
147 The animals were daily subjected to a 1-h stress session for 3 consecutive days. The
148 threshold was again measured at 24 h after undergoing the last stress session. This repeated
149 WAS protocol previously successfully induced visceral allodynia in rats.²² Liraglutide or
150 the vehicle was s.c. injected twice at 15 h and 30 min before measuring the second
151 threshold (Fig. 1c).

152 The effect of liraglutide on IL-1 β (10 μ g/kg s.c.)-induced allodynia was also
153 evaluated. The basal VMR threshold was measured, and either the vehicle or IL-1 β was
154 injected. The second threshold measurement was performed 3 h after the injection. We
155 recently showed that this protocol consistently induced visceral allodynia in rats.¹⁰
156 Liraglutide or the vehicle was s.c. injected twice at 15 h and 30 min before injecting IL-1 β .

157

158 **Vagotomy.** Subdiaphragmatic vagotomy was performed by circular seromuscular myotomy
159 of the esophagus at 2 cm proximal from the gastroesophageal junction under ether

160 anesthesia.²⁴ Sham-vagotomized rats underwent laparotomy without esophagus myotomy.

161 After 5-6 days, the rats were subjected to the study.

162

163 ***Stress protocol.*** Exposure to WAS was performed as previously described.²⁵ Rats were

164 individually placed on a plastic platform (height, 8 cm; length, 6 cm; width, 6 cm)

165 positioned in the middle of a plastic cage filled with water up to 7 cm of the platform height.

166 Control animals were also placed in the same plastic cage, but the cage was not filled with

167 water (sham stress).

168

169 ***Measuring colonic permeability.*** Colonic permeability measurement was performed as

170 previously described with minor modifications.²⁶ The permeability was determined 5 h

171 after injecting LPS.

172 The rats were anesthetized, and laparotomy was performed. The colon was ligated

173 at the junction with the cecum, and an open-tipped catheter was inserted in the proximal

174 colon and secured by a ligature. Using a catheter, the colon was gently flushed with

175 phosphate-buffered saline (PBS) until all stools were washed out. Then, another ligation

176 was added on the colon at approximately 4 cm from the junction with the cecum, and 1 ml

177 of 1.5 % Evans blue (Sigma-Aldrich) in PBS was instilled into the colon. After 15 min, the

178 rats were killed, and the colons were excised and washed with PBS. Then, the colons were

179 opened and placed in 2 ml of N,N-dimethylformamide for 12 h. Permeability was

180 calculated by measuring the Evans blue concentration in the supernatant using a
181 spectrophotometer at 610 nm.

182

183 ***Quantifying IL-6 in the colon using enzyme-linked immunosorbent assay.*** The rats were
184 killed, and a 2-cm length of the proximal colon was excised. The sample was flushed by
185 cold PBS and cut along the antimesenteric border. Then, the mucosa was carefully scraped
186 using glass slides and homogenized in ice-cold lysis buffer (RayBiotech, Norcross, GA,
187 USA) with the protease inhibitor cocktail (RayBiotech). Homogenates were centrifuged at
188 4°C for 15 min at 2000 g, and the resulting supernatant was then obtained. Protein
189 determination was performed using the Pierce BCA Protein Assay Kit (Thermo Fisher
190 Scientific, Waltham, MA, USA). For measuring IL-6 level, ELISA kits (RayBiotech) were
191 used as per the manufacturer's protocols. The cytokine levels were expressed as pg/mg
192 protein and determined 4 h after injecting LPS.

193

194 ***Statistical analysis.*** Data are expressed as means \pm standard error. Multiple comparisons
195 were performed by two-way analysis of variance followed by Tukey's honestly significant
196 difference test. Comparisons between two groups were performed using Student's t- or
197 paired t-test. The SYSTAT 13 software (Systat Software, Chicago, IL, USA) was used for
198 the study.

199

200 ***Ethical considerations.*** For all studies, approval was obtained from the Research and
201 Development and Animal Care Committees at Asahikawa Medical University (#15132,
202 approved on April 1, 2015).

203

204 **Results**

205 ***Liraglutide eliminated LPS-induced visceral allodynia.*** Liraglutide treatment per se did
206 not induce any effect on the basal threshold (ml), i.e., before injecting LPS or the vehicle
207 (0.53 ± 0.020 , $n = 13$ for liraglutide vs. 0.53 ± 0.022 , $n = 12$ for the vehicle; $p > 0.05$). LPS
208 significantly reduced the VMR threshold ($p < 0.05$), while the vehicle did not alter the
209 threshold. Liraglutide per se did not modify the threshold change but blocked LPS-induced
210 visceral allodynia (Fig. 2a).

211 After calculating the percentage change threshold, liraglutide reversed the decreased
212 threshold by LPS without altering the threshold change in vehicle-treated rats (effect of
213 LPS: $F = 18.1$, $p < 0.05$; effect of liraglutide: $F = 16.3$, $p < 0.05$; interaction between LPS
214 and liraglutide: $F = 8.1$, $p < 0.05$; Fig. 2b).

215

216 ***Liraglutide blocked repeated WAS-induced visceral allodynia.*** WAS reduced the
217 threshold, and injecting liraglutide after a stress session blocked this response without
218 affecting the threshold change in sham-stressed rats (effect of WAS: $F = 5.4$, $p < 0.05$;
219 effect of liraglutide: $F = 22.1$, $p < 0.05$; interaction between WAS and liraglutide: $F = 22.7$,
220 $p < 0.05$; Fig. 3).

221

222 *Vagotomy or naloxone did not modify the antinociceptive effect of liraglutide.* Vagotomy
223 per se did not change the basal threshold (ml; 0.53 ± 0.027 for vagotomy, $n = 10$ vs. $0.53 \pm$
224 0.027 for sham vagotomy, $n = 11$; $p > 0.05$) and the response to LPS (effect of vagotomy: F
225 $= 0.0$, $p > 0.05$; effect of LPS: $F = 16.0$, $p < 0.05$; interaction between vagotomy and LPS:
226 $F = 0.003$, $p > 0.05$; % change 71.9 ± 7.0 for sham vagotomy + LPS, $n = 6$ vs. 72.3 ± 7.8
227 for vagotomy + LPS, $n = 5$; $p > 0.05$).

228 Next, we determined the effect of vagotomy on the antinociceptive effect of
229 liraglutide on LPS-induced allodynia. Vagotomy did not alter the effect of liraglutide
230 (effect of vagotomy: $F = 0.04$, $p > 0.05$; effect of liraglutide: $F = 21.0$, $p < 0.05$; interaction
231 between vagotomy and liraglutide: $F = 1.82$, $p > 0.05$; Fig. 4a).

232 Naloxone also did not alter the basal threshold (ml; 0.53 ± 0.013 for naloxone, $n =$
233 12 vs. 0.52 ± 0.021 for vehicle, $n = 12$; $p > 0.05$). Moreover, it did not modify the response
234 to LPS (effect of naloxone: $F = 0.013$, $p > 0.05$; effect of LPS: $F = 29.8$, $p < 0.05$;
235 interaction between naloxone and LPS: $F = 0.39$, $p > 0.05$; % change 71.0 ± 5.6 for vehicle
236 + LPS, $n = 7$ vs. 68.1 ± 5.1 for naloxone + LPS, $n = 7$; $p > 0.05$).

237 In the following experiment, the impact of naloxone on the antinociceptive effect of
238 liraglutide was explored, which was not altered (effect of naloxone: $F = 0.012$, $p > 0.05$;
239 effect of liraglutide: $F = 19.1$, $p < 0.05$; interaction between naloxone and liraglutide: $F =$
240 0.012 , $p > 0.05$; Fig. 4b).

241

242 ***L-NAME reversed the antinociceptive effect of liraglutide.*** L-NAME did not change the
243 basal threshold (ml; 0.53 ± 0.021 for L-NAME, $n = 10$ vs. 0.53 ± 0.017 for vehicle, $n = 13$;
244 $p > 0.05$), and it did not modify the LPS response (effect of L-NAME: $F = 0.11$, $p > 0.05$;
245 effect of LPS: $F = 45.6$; $p < 0.05$, interaction between L-NAME and LPS: $F = 0.0010$, $p >$
246 0.05 ; % change 67.2 ± 5.2 for vehicle + LPS, $n = 6$ vs. 68.7 ± 4.7 for L-NAME + LPS, $n =$
247 5 ; $p > 0.05$).

248 Next, we assessed the impact of L-NAME on the antinociceptive effect of
249 liraglutide, which was eliminated by the drug (effect of L-NAME: $F = 6.13$, $p < 0.05$; effect
250 of liraglutide: $F = 9.3$, $p < 0.05$; interaction between L-NAME and liraglutide: $F = 6.8$, $p <$
251 0.05 ; Fig. 5).

252

253 ***Liraglutide did not alter IL-1 β -induced visceral allodynia.*** IL-1 β induced visceral
254 allodynia at 3 h after injection, and liraglutide did not alter this response (effect of IL-1 β : F
255 $= 44.6$, $p < 0.05$; effect of liraglutide: $F = 0.074$, $p > 0.05$; interaction between IL1- β and
256 liraglutide: $F = 0.0020$, $p > 0.05$; Fig. 6).

257

258 ***Liraglutide attenuated LPS-induced increased colonic permeability.*** LPS significantly
259 increased colonic permeability ($\mu\text{g/g}$ tissue) and liraglutide attenuated this response without
260 affecting the basal permeability (effect of liraglutide: $F = 4.2$, $p < 0.05$; effect of LPS: $F =$
261 54.0 , $p < 0.05$; interaction between liraglutide and LPS: $F = 6.6$, $p < 0.05$; Fig. 7).

262

263 *Liraglutide inhibited LPS-induced increased IL-6 levels in colon.* LPS significantly
264 increased colonic IL-6 levels (pg/mg protein) and liraglutide inhibited this response (effect
265 of liraglutide: $F = 7.7$, $p < 0.05$; effect of LPS: $F = 7.0$, $p < 0.05$; interaction between
266 liraglutide and LPS: $F = 6.7$, $p < 0.05$; Fig. 8).

267

268 **Discussion**

269 Several studies have indicated that a GLP-1 analog provokes antinociceptive effect against
270 somatic pain.^{16, 17} Conversely, evidence showing the effect of such an analog on visceral
271 sensation is scarce. One study very recently demonstrated that exendin-4, a GLP-1 analog,
272 attenuated neonatal visceral hyperalgesia induced by intracolonic infusion of acetic acid in
273 rats.²⁷ In the current study, liraglutide eliminated both LPS- and repeated WAS-induced
274 visceral allodynia, further confirming the antinociceptive effect of a GLP-1 analog on
275 visceral sensation.

276 Likewise, the mechanisms behind the antinociceptive effect of a GLP-1 analog on
277 visceral pain have not been well determined. The analog reportedly stimulates the release of
278 β -endorphin from spinal microglia, thereby inducing antinociception against somatic pain.^{16,}
279 ¹⁷ Incidentally, GLP-1 inhibits gastric emptying via vagal afferent-mediated central
280 mechanisms.²⁸ Therefore, the effects of vagotomy and naloxone were evaluated in this
281 study, but they did not modify the effect of liraglutide.

282 In contrast, L-NAME eliminated the effect of liraglutide. Several studies have
283 demonstrated that NO exerts an antinociceptive effect. Peripheral or central injection of a

284 NO donor, such as sodium nitroprusside, or L-arginine, the substrate for NO generation,
285 induced an analgesic effect on paw hyperalgesia and in the acetic acid abdominal
286 constriction test in rodents.^{29, 30} The mechanism of antinociceptive effect by NO has been
287 suggested by electrophysiological studies that indicate that NO induces cyclic guanosine
288 monophosphate generation to open ATP-sensitive K⁺ channels, thereby hyperpolarizing
289 nociceptive neurons.³¹

290 Incidentally, GLP-1 inhibits the electrically evoked cholinergic contractions of
291 colonic circular smooth muscles in mice, which is reduced by L-NAME;³² moreover,
292 liraglutide ameliorates renal injury in diabetic rats by activating endothelial nitric oxide
293 synthase (NOS).³³ These lines of evidence suggest that activating GLP-1 receptors produce
294 NO, thereby exerting an antinociceptive effect.

295 There is accumulating evidence that compromised gut barrier function manifested
296 by increased gut permeability, resulting from impaired tight junction (TJ), is observed in at
297 least a proportion of patients with IBS.³⁴ Several studies have shown that TJ proteins such
298 as zonula occludens-1 were reduced in the gut of patients with IBS,^{35, 36} and LPS could
299 mimic this change, resulting in increased gut permeability,³⁷ thereby inducing bacterial
300 translocation and mucosal inflammation with increased proinflammatory cytokines.³⁸ This
301 is considered to be an important aspect of IBS pathophysiology and associated visceral
302 hypersensitivity.^{2, 10, 39} Animal models have shown that increased intestinal permeability
303 induces visceral hypersensitivity,⁴⁰ and patients with IBS having somatic and visceral
304 hypersensitivity exhibit increased intestinal permeability.⁴¹

305 In this study, liraglutide attenuated LPS-induced increased colonic permeability,
306 which has been demonstrated for the first time. Although the mechanisms of this action
307 were not determined, it might be one of the factors evoking the antinociceptive effect of
308 liraglutide, according to the above mentioned evidence.

309 Several studies have shown that GLP-1 exhibits antiinflammatory activity. GLP-1
310 receptors are expressed in monocytes/macrophages,¹⁴ and He et al.⁴² demonstrated that an
311 increased production of proinflammatory cytokines in peripheral blood mononuclear cells
312 was observed in type 2 diabetes, which was suppressed by exendin-4. Moreover, this
313 analog was also demonstrated to reduce the production of proinflammatory cytokines by
314 activated intestinal intraepithelial lymphocytes, which have GLP-1 receptors.¹⁵ Because
315 both LPS- and repeated WAS-induced visceral allodynia are IL-1- and IL-6-dependent
316 responses,^{10, 22} liraglutide may inhibit cytokine release from immune cells, thereby evoking
317 the antinociceptive effect.

318 This hypothesis might be supported by the finding that IL-1 β -induced visceral
319 allodynia was not modified by liraglutide in this study, suggesting that it acted upstream of
320 proinflammatory cytokines to modulate visceral sensation. Furthermore, we also showed
321 that increased IL-6 levels in colonic mucosa by LPS were eliminated by liraglutide, which
322 is also consistent with the hypothesis.

323 This study has several limitations. Our method required minor surgery, which is
324 inevitable for assessing visceral sensation by EMG. However, repeated surgery might have
325 some influence on the immune system, which could modify the results. Although the
326 antinociceptive effect of liraglutide was blocked by L-NAME, we did not directly show that

327 NO synthesis was increased by the analog. In addition, the NOS isoform responsible for the
328 effect was not determined. Because the sources of proinflammatory cytokines contributing
329 to LPS-induced allodynia have not yet been evaluated, the suppression of LPS-induced IL-
330 6 release in the colon by liraglutide is not direct evidence indicating that it is related to its
331 antinociception. Thus, further investigations are required to clarify these issues.

332 Despite the above limitations, our results suggest that liraglutide is a promising tool
333 for treating IBS. One report demonstrated that ROSE-010, a GLP-1 analog, reduced acute
334 IBS exacerbation in a clinical trial.⁴³ The results of that study may support the validity of
335 our data, and the mechanisms behind the clinical utility of this approach may be explained
336 by our results.

337 In summary, liraglutide blocked LPS-induced visceral allodynia, which may be a
338 NO-dependent response, and was probably mediated by inhibiting proinflammatory
339 cytokine production and attenuating increased gut permeability. Therefore, liraglutide may
340 be useful for IBS treatment.

341

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463 patients with irritable bowel syndrome: a randomized, placebo-controlled, double-blind
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465

466

467

468

469 **Figure legends**

470 Figure 1

471 **a** An EMG recording is depicted. The threshold of visceromotor response (VMR) was
472 determined by the distended balloon volume (ml) inducing apparent sustained abdominal
473 muscle contractions. The threshold was 0.5 ml in this animal. **b** Schematic representation of
474 the experimental protocol. The basal VMR threshold was measured at 30 min after the
475 surgery for implanting EMG electrodes and placing the balloon, and LPS (1 mg/kg) or the
476 vehicle was administered. Later, the surgery and balloon placement were performed again,
477 and the threshold was measured at 3 h after the injection. Liraglutide at 300 μ g/kg or the
478 vehicle was injected twice at 15 h and 30 min before injecting LPS. **c** The basal threshold
479 was measured, and the rats were subjected to either water avoidance or sham stress for 1 h
480 daily for 3 consecutive days. The second threshold measurement was performed at 24 h
481 after the last stress session. Liraglutide or the vehicle was injected twice at 15 h and 30 min
482 before the second measurement.

483

484 Figure 2

485 **a** Effect of liraglutide on LPS-induced reduced threshold of visceromotor response (VMR)
486 induced by colonic distention. Liraglutide (300 μ g/kg twice) blocked LPS (1 mg/kg)-induced
487 visceral allodynia, but the analog per se did not alter the threshold. * $p < 0.05$ vs. basal
488 threshold by paired t-test. **b** Percentage change threshold of VMR was significantly reduced in
489 the vehicle + LPS group compared with that in the vehicle + vehicle group. Liraglutide

490 eliminated this response by LPS. * $p < 0.05$ vs. vehicle + vehicle, # $p < 0.05$ vs. vehicle + LPS
491 by two-way analysis of variance followed by Tukey's honestly significant difference test.
492 Each column represents the mean \pm standard error. The number of rats examined is shown in
493 parentheses.

494

495 Figure 3

496 Effect of liraglutide on repeated water avoidance stress (WAS)-induced visceral allodynia.

497 WAS for 1 h daily for 3 consecutive days significantly reduced the threshold, and liraglutide

498 blocked this response. * $p < 0.05$ vs. sham + vehicle, # $p < 0.05$ vs. WAS + vehicle by two-

499 way analysis of variance followed by Tukey's honestly significant difference test. Each

500 column represents the mean \pm standard error. The number of rats examined is shown in

501 parentheses. Sham, sham stress.

502

503 Figure 4

504 Effect of vagotomy or naloxone on the antinociceptive effect of liraglutide against LPS-

505 induced visceral allodynia. **a** Vagotomy modified neither the response to LPS nor the

506 antinociceptive effect of liraglutide. * $p < 0.05$ vs. sham vagotomy + vehicle + LPS by two-

507 way analysis of variance followed by Tukey's honestly significant difference test. **b** Naloxone

508 (1 mg/kg twice) did not alter the reduced threshold by LPS and it did not change the effect by

509 liraglutide either. * $p < 0.05$ vs. vehicle + vehicle + LPS by two-way analysis of variance

510 followed by Tukey's honestly significant difference test. Each column represents the mean \pm
511 standard error. The number of rats examined is shown in parentheses.

512

513 Figure 5

514 Blockade of nitric oxide synthesis by L-NAME (10 mg/kg twice) reversed the antinociceptive
515 effect of liraglutide against LPS-induced visceral allodynia without altering the response by
516 LPS. * $p < 0.05$ vs. vehicle + vehicle + LPS, # $p < 0.05$ vs. vehicle + liraglutide + LPS by
517 two-way analysis of variance followed by Tukey's honestly significant difference test. Each
518 column represents the mean \pm standard error. The number of rats examined is shown in
519 parentheses.

520

521 Figure 6

522 IL-1 β (10 μ g/kg) reduced the threshold, and liraglutide did not modify this response. * $p <$
523 0.05 vs. vehicle + vehicle by two-way analysis of variance followed by Tukey's honestly
524 significant difference test. Each column represents the mean \pm standard error. The number of
525 rats examined is shown in parentheses.

526

527 Figure 7

528 Effect of liraglutide on colonic permeability. LPS significantly increased the permeability, and
529 liraglutide attenuated this response. * $p < 0.05$ vs. vehicle + vehicle, # $p < 0.05$ vs. vehicle +

530 LPS by two-way analysis of variance followed by Tukey's honestly significant difference test.

531 Each column represents the mean \pm standard error. The number of rats examined is shown in

532 parentheses.

533

534 Figure 8

535 LPS increased the IL-6 level in colonic mucosa, and liraglutide eliminated this response. * $p <$

536 0.05 vs. vehicle + vehicle, # $p < 0.05$ vs. vehicle + LPS by two-way analysis of variance

537 followed by Tukey's honestly significant difference test. Each column represents the mean \pm

538 standard error. The number of rats examined is shown in parentheses.















