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Lovastatin inhibits visceral allodynia and increased colonic permeability induced by lipopolysaccharide or repeated water avoidance stress in rats

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3

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30

31 **Abstract**

32 Statins have been reported to block inflammatory somatic pain and have an anti-  
33 cytokine property. Lipopolysaccharide (LPS) or repeated water avoidance stress  
34 (WAS) induces visceral hypersensitivity and increases gut permeability in rats,  
35 which are mediated through proinflammatory cytokine-dependent pathways.  
36 Since visceral hypersensitivity with increased gut permeability plays a crucial  
37 role in the pathophysiology of irritable bowel syndrome (IBS), these above animal  
38 models are considered to simulate IBS. We hypothesized that lovastatin improves  
39 symptoms in the patients with IBS by attenuating these visceral changes. The threshold of  
40 visceromotor response (VMR) induced by colonic balloon distention was measured for the  
41 assessment of visceral sensation in rats. Colonic permeability was determined in vivo by  
42 quantifying the absorbed Evans blue in colonic tissue for 15 min using a spectrophotometer.  
43 Subcutaneously (s.c.) injected LPS (1 mg/kg) reduced the threshold of VMR after 3 h.  
44 Pretreatment with lovastatin (20 mg/kg s.c. daily for 3 days) abolished this response by LPS.  
45 Repeated WAS (1 h daily for 3 days) induced visceral allodynia, which was also blocked by  
46 repeated injection of lovastatin before each stress session. The antinociceptive effect of  
47 lovastatin on the LPS-induced allodynia was reversed by mevalonolactone, N<sup>G</sup>-nitro-L-  
48 arginine methyl ester or naloxone. Lovastatin also blocked the LPS- or repeated WAS-  
49 induced increased gut permeability. These results indicate the possibility that lovastatin can be  
50 useful for treating IBS.

51

52 Key words: lovastatin, visceral pain, gut permeability, lipopolysaccharide, water avoidance

53 stress, irritable bowel syndrome

54

## 55 1. Introduction

56 Disturbed gut motility and altered visceral sensory function are considered to play  
57 an important role in the pathophysiology of irritable bowel syndrome (IBS) (Taché et al.,  
58 2009). Additionally, the importance of immune system activation has been also indicated  
59 (Bercik et al., 2005; Elsenbruch, 2011). There is evidence that increased levels of plasma  
60 proinflammatory cytokines and serum lipopolysaccharide (LPS) together with enhanced gut  
61 permeability are observed in IBS (Dlugosz et al., 2015; Ortiz-Lucas et al., 2010; Sinagra et  
62 al., 2016; Zhou and Verne, 2011). Moreover, LPS-induced stimulation of cytokines release  
63 from peripheral blood mononuclear cells is enhanced, and higher symptoms severity such  
64 as urgency, diarrhea, etc. are associated with higher cytokines response induced by LPS  
65 (Liebregts et al., 2007).

66 We previously showed that LPS induced visceral allodynia via interleukin (IL)-1  
67 and IL-6 pathways (Nozu et al., 2017b). Furthermore, repeated water avoidance stress  
68 (WAS)-induced visceral allodynia, which is considered to be an experimental animal model  
69 for IBS (Larauche et al., 2012), was also mediated via IL-1 and IL-6 pathways, similar to  
70 LPS (Nozu et al., 2017c). In this context, LPS-cytokine system is considered to be  
71 associated with the altered gastrointestinal functions in IBS, and anti-inflammatory therapy  
72 by inhibiting LPS-cytokine signaling may be a promising approach for the treatment of this  
73 disease.

74 Statins inhibit the enzyme 3-hydroxyl-3-methylglutaryl coenzyme A (HMG-CoA)  
75 reductase (Grundy, 1988), and reduce blood cholesterol level, leading to the prevention of

76 cardiovascular diseases (Kazi et al., 2017). However, the risk reduction of these diseases is  
77 observed even in the absence of a significant decrease of cholesterol level (Oesterle et al.,  
78 2017), and pleiotropic effects of statins such as inhibition of monocyte activation, the  
79 production of inflammatory cytokines, etc. (Inoue et al., 2000; Methe et al., 2005) could be  
80 involved with this phenomenon (Oesterle et al., 2017).

81 Besides, anti-inflammatory and anti-cytokine actions by statins are also showed in  
82 the various animal models, such as inflammatory arthritis (Leung et al., 2003), carrageenan-  
83 induced paw edema (Goncalves et al., 2011), among others, and the drugs are also known  
84 to suppress cytokine production in intestinal intraepithelial lymphocytes (Zhang et al.,  
85 2013) and exhibit antinociceptive action in several animal pain models (Garcia et al., 2011;  
86 Santodomingo-Garzon et al., 2006).

87 Therefore, we hypothesized that statins are beneficial for the treatment of IBS by  
88 attenuating visceral hypersensitivity through the anti-cytokine action. In this study, in order  
89 to examine the hypothesis, we attempted to determine the effects of lovastatin on visceral  
90 allodynia and increased gut permeability induced by LPS or repeated WAS in rats.

91

## 92 **2. Materials and Methods**

### 93 *2.1. Animals*

94 Adult male Sprague Dawley rats (Charles River Laboratory, Atsugi, Japan)  
95 weighing approximately 300 g were used. The animals were housed in groups (3 - 4

96 rats/cage) under controlled conditions of illumination (12-h light/dark cycle starting at 7  
97 a.m.), and temperature was regulated at 23 - 25 °C with food (Solid rat chow, Oriental  
98 Yeast, Tokyo, Japan) and water available ad libitum.

99

## 100 *2.2. Chemicals*

101 LPS obtained from Escherichia coli with the serotype 055:B5 (Sigma-Aldrich, St.  
102 Louis, MO, USA); naloxone hydrochloride, an opioid receptor antagonist; N<sup>G</sup>-nitro-L-  
103 arginine methyl ester (L-NAME), a nitric oxide (NO) synthesis inhibitor (Wako Pure  
104 Chemical Industries, Osaka, Japan) and mevalonolactone (Tokyo Chemical Industry,  
105 Tokyo, Japan) were dissolved in normal saline. Lovastatin (Tokyo Chemical Industry) was  
106 dissolved in dimethyl sulfoxide (Sigma-Aldrich). The chemical doses were determined  
107 according to previous studies (Mirhadi, 2011; Nozu et al., 2017a; Nozu et al., 2017b).

108

## 109 *2.3. Measuring visceral sensation*

110 Visceral sensation was assessed by colonic distention-induced abdominal muscle  
111 contractions (visceromotor response; VMR) using electromyogram (EMG) in conscious  
112 rats (Ness and Gebhart, 1988; Nozu et al., 2017b, c).

113

### 114 *2.3.1. Implanting electrodes and placing colonic distention balloon*

115 Under brief ether anesthesia, the electrodes (Teflon-coated stainless steel, 0.05-mm  
116 diameter, MT Giken, Tokyo, Japan) were inserted approximately 2 mm into the left  
117 external oblique musculature through a small skin incision. They were fixed to the  
118 musculature by cyanoacrylate instant adhesive together with the incised skin, and the  
119 electrode leads were directly externalized through this closed incision. A distension balloon  
120 (6-Fr disposable silicon balloon urethral catheter, JU-SB0601; Terumo Corporation, Tokyo,  
121 Japan) was intra-anally inserted, with the distal end positioned 2 cm proximal to the anus.

122

### 123 2.3.2. *Colonic distention and measuring abdominal muscle contractions*

124 After completing electrode implantation and balloon placement, the rats were  
125 placed in Bollmann cages and acclimated to experimental conditions for 30 min before  
126 measuring. The electrode leads were then connected to an EMG amplifier, and EMG  
127 signals were digitized by a PowerLab system (AD Instruments, Colorado Springs, CO,  
128 USA) and recorded by a computer software (LabChart 7; AD Instruments). Colonic  
129 distension was performed at 30 min after the surgery, as previously described (Nozu et al.,  
130 2017b, c). Namely, the ascending method of limits paradigm with phasic distensions was  
131 applied by manually inflating the balloon with water using a syringe, and the distention  
132 increased progressively in 0.1 ml steps for 5 sec until significant sustained abdominal  
133 muscle contractions, i.e., VMR, were detected (Fig. 1A). The VMR threshold was defined  
134 as the distended balloon volume (ml) inducing VMR. The threshold was measured twice  
135 (2-min interval), and the threshold mean was calculated as the data of the animals. The

136 percentage change threshold, i.e., the threshold value after drug administration divided by  
137 the basal threshold value and multiplied by 100, was also calculated.

138

### 139 2.3.3. *Experimental procedures*

140 First, the basal VMR threshold was measured. The electrodes and distention balloon  
141 were then removed, and either the vehicle or LPS at a 1-mg/kg dose was subcutaneously  
142 (s.c.) injected. The rats were returned to their home cages, and after 2.5 h, they underwent  
143 surgery for electrode implantation and balloon placement again. The second measurement  
144 of threshold was performed 3 h after the injection. The vehicle or lovastatin (5, 20 or 50  
145 mg/kg) was s.c. injected thrice at 48 h , 24 h and 30 min before injecting LPS or the vehicle  
146 (Fig. 1B).

147 The effect of lovastatin on repeated WAS-induced allodynia was also evaluated.  
148 First, the basal threshold was measured, and either lovastatin or the vehicle was injected.  
149 Ten min later, either WAS or sham stress was applied for 1 h. These treatments such as  
150 drug injection and 1-h daily stress session were implemented for 3 consecutive days. The  
151 threshold was again measured at 24 h after undergoing the last stress session. Additionally,  
152 the drug injection was also performed at 30 min before the second measurement (Fig. 1C).  
153 We previously demonstrated that this repeated WAS protocol successfully induced visceral  
154 allodynia in rats (Nozu et al., 2017c).

155 Next to explore the mechanisms of action of lovastatin on LPS-induced allodynia,  
156 the effects of mevalonolactone [20 mg/kg intraperitoneally (i.p.)], L-NAME (10 mg/kg i.p.)

157 or naloxone (1 mg/kg s.c.) was examined. These drugs were administered thrice together  
158 with lovastatin or the vehicle.

159

#### 160 *2.4. Stress protocol*

161 Exposure to WAS was performed as previously described (Martínez et al., 1997).  
162 Rats were individually placed on a plastic platform (height, 8 cm; length, 6 cm; width, 6  
163 cm) positioned in the middle of a plastic cage filled with water up to 7 cm of the platform  
164 height. Control animals were also placed in the same plastic cage, but the cage was not  
165 filled with water (sham stress).

166

#### 167 *2.5. Measuring colonic permeability*

168 Colonic permeability measurement was performed as previously described with  
169 minor modifications (Dai et al., 2012; Nozu et al., 2017a). The permeability was  
170 determined 5 h after injecting LPS or 24 h after undergoing the last stress session. The  
171 anesthetized rats were placed in a supine position on a heating pad, and laparotomy was  
172 performed. The colon was ligated at the junction with the cecum, and the small hole was  
173 made at the 1 cm from the ileocecal junction by 18 G needle. Later, an open-tipped catheter  
174 (3-Fr, 1 mm internal diameter, Atom, Tokyo, Japan) was inserted into the proximal colon  
175 through the hole and secured by a ligature. The colon was gently flushed with phosphate-  
176 buffered saline (PBS) using a catheter until all stools were washed out. Next, another

177 ligation was added on the colon at approximately 4 cm from the junction with the cecum,  
178 and 1 ml of 1.5 % Evans blue in PBS was instilled into the colon through a catheter. After  
179 15 min, the rats were killed, and the colons were excised and washed with PBS and 1 ml of  
180 6 mM N-acetyl-cysteine. Then, the colons were opened and placed in 2 ml of N,N-  
181 dimethylformamide for 12 h. Permeability was calculated by measuring the Evans blue  
182 concentration in the supernatant using a spectrophotometer at 610 nm.

183

#### 184 *2.6. Statistical analysis*

185 Data are expressed as means  $\pm$  standard error. Multiple comparisons were  
186 performed by one- or two-way analysis of variance followed by Tukey's honestly  
187 significant difference test. Comparisons between two groups were performed using  
188 Student's t- or paired t-test. The SYSTAT 13 software (Systat Software, Chicago, IL, USA)  
189 was used for the study.

190

#### 191 *2.7. Ethical considerations*

192 Approval by the Research and Development and Animal Care  
193 Committees at the Asahikawa Medical University (#15132, approved on April  
194 1, 2015) was obtained for all studies.

195

### 196 3. Results

#### 197 3.1. Lovastatin abolished LPS-induced visceral allodynia

198 Lovastatin *per se* did not induce any effect on the basal threshold (ml), i.e., before  
199 injection of LPS or the vehicle ( $0.57 \pm 0.022$  for lovastatin at 50 mg/kg,  $n = 10$  vs.  $0.58 \pm$   
200  $0.015$  for vehicle,  $n = 21$ ,  $P > 0.05$ ).

201 LPS significantly reduced the threshold of VMR, while the vehicle did not alter it  
202 (Fig. 2A). Lovastatin (50 mg/kg) *per se* did not modify the threshold, but it blocked the  
203 LPS-induced reduced threshold. Lovastatin at 20 mg/kg also abolished the response, but  
204 LPS still evoked the nociceptive effect at 5 mg/kg-dose of lovastatin.

205 After calculating the percentage change threshold, lovastatin reversed the LPS-  
206 induced reduced threshold in a dose-responsive manner ( $F = 8.6$ ,  $P < 0.05$ , Fig. 2B).  
207 Lovastatin at 5 mg/kg did not alter the LPS response significantly, while the drug at 20 or  
208 50 mg/kg completely reversed the LPS-induced response. Since 20 mg-dose of lovastatin  
209 was enough to abolish the LPS response, this dose of lovastatin was used for the following  
210 experiments.

211

#### 212 3.2. Lovastatin blocked repeated WAS-induced visceral allodynia

213 Repeated WAS reduced the threshold significantly, and lovastatin blocked this  
214 response without affecting the threshold change in sham-stressed rats (effect of WAS:  $F =$

215 34.3,  $P < 0.05$ ; effect of lovastatin:  $F = 18.1$ ,  $P < 0.05$ ; interaction between WAS and  
216 lovastatin:  $F = 13.6$ ,  $P < 0.05$ , Fig. 3).

217

218 *3.3. Mevalonolactone reversed the antinociceptive effect of lovastatin on LPS-induced*  
219 *visceral allodynia*

220 Repeated intraperitoneal injection of mevalonolactone (20 mg/kg, thrice at 48, 24 h  
221 and 30 min prior to injection of LPS or the vehicle) did not alter the basal threshold (ml;  
222  $0.57 \pm 0.020$  for mevalonolactone,  $n = 10$  vs.  $0.57 \pm 0.013$  for vehicle,  $n = 10$ ;  $P > 0.05$ ).  
223 Moreover, it did not alter the response to LPS (effect of mevalonolactone:  $F = 0.004$ ,  $P >$   
224  $0.05$ ; effect of LPS:  $F = 20.7$ ,  $P < 0.05$ ; interaction between mevalonolactone and LPS:  $F =$   
225  $0.016$ ,  $P > 0.05$ ; % change  $67.2 \pm 5.0$  for vehicle + LPS,  $n = 5$  vs.  $68.5 \pm 3.3$  for  
226 mevalonolactone + LPS,  $n = 5$ ;  $P > 0.05$ ).

227 Next we determined the effect of mevalonolactone on the antinociceptive effect of  
228 lovastatin on LPS-induced visceral allodynia, and the drug blocked it (effect of  
229 mevalonolactone:  $F = 12.2$ ,  $P < 0.05$ ; effect of lovastatin:  $F = 12.3$ ,  $P < 0.05$ ; interaction  
230 between mevalonolactone and lovastatin:  $F = 17.3$ ,  $P < 0.05$ , Fig. 4).

231

232 *3.4. L-NAME reversed the antinociceptive effect of lovastatin*

233 L-NAME (10 mg/kg thrice) neither changed the basal threshold (ml;  $0.56 \pm 0.020$   
234 for L-NAME,  $n = 11$  vs.  $0.56 \pm 0.022$  for vehicle,  $n = 12$ ;  $P > 0.05$ ) nor the response to LPS

235 (effect of L-NAME:  $F = 0.03$ ,  $P > 0.05$ ; effect of LPS:  $F = 45.9$ ,  $P < 0.05$ ; interaction  
236 between L-NAME and LPS:  $F = 0.09$ ,  $P > 0.05$ ; % change  $68.9 \pm 5.1$  for vehicle + LPS,  $n =$   
237 6 vs.  $68.3 \pm 6.1$  for L-NAME + LPS,  $n = 5$ ;  $P > 0.05$ ).

238 Next, we assessed the effect of L-NAME on the antinociceptive effect of lovastatin,  
239 and it blocked the effect (effect of L-NAME:  $F = 8.39$ ,  $P < 0.05$ ; effect of lovastatin:  $F =$   
240  $5.86$ ,  $P < 0.05$ ; interaction of L-NAME and lovastatin:  $F = 5.92$ ,  $P < 0.05$ , Fig. 5).

241

### 242 *3.5. Naloxone reversed the antinociceptive effect of lovastatin*

243 Naloxone (1 mg/kg thrice) did not alter the basal threshold (ml;  $0.55 \pm 0.032$  for  
244 naloxone,  $n = 11$  vs.  $0.55 \pm 0.018$  for vehicle,  $n = 13$ ;  $P > 0.05$ ). Moreover, it did not  
245 modify the response to LPS (effect of naloxone:  $F = 0.032$ ,  $P > 0.05$ ; effect of LPS:  $F =$   
246  $63.3$ ,  $P < 0.05$ ; interaction between naloxone and LPS:  $F = 0.069$ ,  $P > 0.05$ ; % change  $69.7$   
247  $\pm 4.6$  for vehicle + LPS,  $n = 7$  vs.  $68.0 \pm 4.1$  for naloxone + LPS,  $n = 6$ ;  $P > 0.05$ ).

248 In the following experiment, the impact of naloxone on the antinociceptive effect of  
249 lovastatin was explored, and naloxone blocked it (effect of naloxone:  $F = 10.5$ ,  $P < 0.05$ ;  
250 effect of lovastatin:  $F = 11.4$ ,  $P < 0.05$ ; interaction of naloxone and lovastatin:  $F = 11.1$ ,  $P <$   
251  $0.05$ , Fig. 6).

252

### 253 *3.6. Lovastatin abolished LPS- or repeated WAS-induced increased colonic permeability*

254 LPS increased colonic permeability and lovastatin blocked this response to LPS  
255 without affecting the basal permeability (effect of LPS:  $F = 10.1$ ,  $P < 0.05$ ; effect of  
256 lovastatin:  $F = 5.95$ ,  $P < 0.05$ ; interaction of LPS and lovastatin:  $F = 8.48$ ,  $P < 0.05$ , Fig.  
257 7A).

258 Additionally, repeated WAS induced increased colonic permeability, and lovastatin  
259 abolished this response (effect of WAS:  $F = 7.24$ ,  $P < 0.05$ ; effect of lovastatin:  $F = 11.1$ ,  $P$   
260  $< 0.05$ ; interaction WAS and lovastatin:  $F = 11.1$ ,  $P < 0.05$ , Fig. 7B).

261

#### 262 **4. Discussion**

263 Statins exhibit antinociceptive effect on somatic pain animal models (Ghaisas et al.,  
264 2010; Santodomingo-Garzon et al., 2006). However, none of the studies has demonstrated  
265 this effect on visceral pain. This study clearly showed for the first time that lovastatin  
266 abolished visceral allodynia induced by LPS or repeated WAS, which was IL-1 and IL-6-  
267 dependent response (Nozu et al., 2017b, c).

268 Toll-like receptor 4 (TLR4) detects LPS and stimulates nuclear factor-kappa B (NF-  
269  $\kappa$ B) pathways resulting in the production of proinflammatory cytokines such as IL-1, IL-6  
270 and tumor necrosis factor- $\alpha$  (Dauphinee and Karsan, 2006). Moreover, WAS elevates the  
271 expression of TLR4 in gut (Nebot-Vivinus et al., 2014), and psychological stress activates  
272 NF- $\kappa$ B signaling (Topol and Kamyshny, 2013). In this context, LPS- or WAS-induced  
273 visceral hypersensitivity is considered to be mediated through TLR4-NF- $\kappa$ B pathways.

274 Statins inhibit NF- $\kappa$ B activity, thereby reducing the production of proinflammatory  
275 cytokines (Ortego et al., 1999). Moreover, the drugs were also demonstrated to decrease  
276 TLR4 expression and downstream signaling in human monocytes (Methe et al., 2005).  
277 Therefore, lovastatin may inhibit TLR4-NF- $\kappa$ B signaling, leading to blocking visceral  
278 hypersensitivity.

279         We also showed that mevalonolactone reversed the antinociceptive effect,  
280 indicating that the action by lovastatin was elicited from specific inhibition of HMG-CoA  
281 reductase and affecting the level of mevalonic acid. Previous study showed that the  
282 compounds such as isoprenoids arising from mevalonic acid is crucial for the regulation of  
283 inflammation-induced production of cytokines (Diomede et al., 2001), which may further  
284 support the notion above.

285         Incidentally, the action of lovastatin was also blocked by L-NAME. It was  
286 previously reported that atorvastatin evoked antinociceptive effect on mechanical  
287 hypernociception in mouse paws induced by intraplantar injection of LPS, which was  
288 blocked by L-NAME but not by selective inhibition of inducible NO synthase  
289 (Santodomingo-Garzon et al., 2006). These results suggested that the antinociceptive action  
290 by statins was considered to be a NO-dependent response, possibly through activating  
291 constitutive NO synthase activity on both visceral and somatic pain. Statins increase  
292 endothelial NO production by upregulating endothelial NO synthase (Laufs et al., 1998),  
293 through inhibition of isoprenoids production (Laufs, 2003). Besides, it is well known that  
294 NO exerts an antinociceptive effect (Chung et al., 2006; Durate et al., 1990), and the

295 mechanism is thought to be that NO induces cyclic guanosine monophosphate generation to  
296 open ATP-sensitive K<sup>+</sup> channels, leading to hyperpolarizing nociceptive neurons (Cury et  
297 al., 2011).

298         This study also showed that the antinociceptive effect of lovastatin was reversed by  
299 naloxone, indicating that it was mediated via opioid receptors. Although there is no direct  
300 evidence showing that statins activate opioid receptors, several researchers reported that  
301 NO stimulated neuronal release of endogenous opioids to stimulate opioid receptors in  
302 brain and spinal cord (Cahill et al., 2000; Chung et al., 2006). Therefore, lovastatin may  
303 facilitate the production of NO leading to activation of opioid receptors, thereby evoking  
304 antinociceptive effect.

305         There is ample evidence that compromised gut barrier function manifested by  
306 increased gut permeability is observed in the patients with IBS (Taché et al., 2009).  
307 Repeated WAS or injection of LPS was also demonstrated to increase gut permeability  
308 (Bein et al., 2016; Xu et al., 2014). Impaired gut permeability induces bacterial  
309 translocation and mucosal inflammation with increased production of proinflammatory  
310 cytokines (Moriez et al., 2005). These changes are considered to be an important aspect of  
311 pathophysiology of IBS and associated visceral hypersensitivity (Taché et al., 2009).

312         In the present study, lovastatin inhibited increased colonic permeability induced by  
313 LPS or repeated WAS. Sasaki et al. (Sasaki et al., 2003) showed that pravastatin improved  
314 gut permeability in dextran-sulfate-induced colitis, which is consistent with our data.  
315 Recent studies demonstrated that LPS increased gut permeability through TLR4-dependent

316 pathways (Guo et al., 2015). It is also known that proinflammatory cytokines released by  
317 activation of TLR4-NF- $\kappa$ B signaling increase the colonic permeability (Bruewer et al.,  
318 2003; Dhawan et al., 2015; Suzuki et al., 2011). Since psychological stress was known to  
319 activate TLR4-NF- $\kappa$ B signaling (Nebot-Vivinus et al., 2014; Topol and Kamyshny, 2013),  
320 this pathway is considered to contribute to LPS- or WAS-induced increased gut  
321 permeability. Therefore, we speculated that lovastatin improved gut permeability by  
322 inhibiting TLR4-NF- $\kappa$ B signaling, which may be similar to the mechanism of  
323 antinociceptive action.

324         We did not show the direct evidence that lovastatin inhibited the production of  
325 cytokines, which was a limitation of the present study. Since the colonic mucosal levels of  
326 IL-1 $\beta$  and IL-6 were not significantly elevated in the animal models tested in this study  
327 (data were not shown), we could not explore the expected action. In addition, although the  
328 antinociceptive effect of lovastatin was blocked by L-NAME, we did not directly show that  
329 NO synthesis was increased by the drug. Further studies are needed to determine the  
330 precise mechanisms of action in molecular and cellular levels.

331         Despite the above limitations, our results suggest that lovastatin is a promising tool  
332 for treating IBS. Since LPS-cytokine system may be involved in the pathophysiology of  
333 IBS (Dlugosz et al., 2015; Liebrechts et al., 2007; Nozu et al., 2017b, c; Ortiz-Lucas et al.,  
334 2010), blocking the system is considered to be novel approach for the treatment. However,  
335 biopharmaceutical agents suppressing proinflammatory cytokine cannot be used for the  
336 treatment, because they may not have a benefit outweighing their side effects and cost in

337 the present circumstances. Since statins are some of the most widely prescribed drugs  
338 worldwide, their application to IBS treatment seems not to be difficult. Large scale clinical  
339 trials to explore the effectiveness of statins in the patients with IBS should be conducted in  
340 future.

341

## 342 **5. Conclusions**

343 Lovastatin blocked LPS- or repeated WAS-induced visceral hypersensitivity and  
344 increased gut permeability in rats. The antinociceptive effect by the drug probably resulted  
345 from the inhibition of HMG-CoA reductase, and may be a NO- and opioid receptors-  
346 dependent response. Lovastatin may be useful for IBS treatment.

347

## 348 **Conflict of interest statement**

349 The authors declare no conflict of interest.

350

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355

356

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498

499

500

501 **Figure legends**

502 Figure 1

503 **A** The threshold of visceromotor response (VMR) was determined by the distended balloon  
504 volume (ml) inducing apparent sustained abdominal muscle contractions. Demonstrable  
505 EMG recording is depicted. The threshold was 0.4 ml in this animal. **B** Schematic  
506 representation of the experimental protocol. The basal VMR threshold was measured at 30  
507 min after the surgery for implanting EMG electrodes and placing the balloon, and LPS (1  
508 mg/kg) or the vehicle was administered. Later, the surgery and balloon placement were  
509 performed again, and the threshold was measured at 3 h after the injection. Lovastatin (5,  
510 20 or 50 mg/kg) or the vehicle was injected thrice at 48 h, 24 h and 30 min before injection  
511 of LPS. **C** The basal threshold was measured, and the rats were subjected to either water  
512 avoidance or sham stress for 1 h daily for 3 consecutive days. The second threshold  
513 measurement was performed at 24 h after the last stress session. Lovastatin or the vehicle  
514 was injected 4 times, i.e., at 10 min before each stress session and 30 min before the second  
515 measurement.

516

517 Figure 2

518 **A** Effect of lovastatin (Lova) on LPS-induced visceral allodynia. LPS significantly reduced  
519 the threshold of visceromotor response (VMR), and lovastatin at 20 and 50 mg/kg  
520 abolished this response. Lovastatin *per se* did not alter the threshold. \*  $P < 0.05$  vs. basal  
521 threshold by paired t-test. **B** Percentage change threshold of VMR was significantly

522 reduced in the vehicle + LPS, and lovastatin dose-dependently reversed this response by  
523 LPS. \* P < 0.05 vs. vehicle + vehicle, # P < 0.05 vs. vehicle + LPS by one-way analysis of  
524 variance followed by Tukey's honestly significant difference test. Each column represents  
525 the mean  $\pm$  standard error. The number of rats examined is shown in parentheses.

526

527 Figure 3

528 Effect of lovastatin (Lova) on repeated water avoidance stress (WAS)-induced visceral  
529 allodynia. Repeated WAS significantly reduced the threshold, and lovastatin abolished this  
530 response. Sham; sham stress. \* P < 0.05 vs. vehicle + sham, # P < 0.05 vs. vehicle + WAS  
531 by two-way analysis of variance followed by Tukey's honestly significant difference test.  
532 Each column represents the mean  $\pm$  standard error. The number of rats examined is shown  
533 in parentheses.

534

535 Figure 4

536 Mevalonolactone reversed the antinociceptive effect of lovastatin (Lova) on LPS-induced  
537 visceral allodynia. \* P < 0.05 vs. vehicle + vehicle + LPS, # P < 0.05 vs. vehicle + Lova +  
538 LPS by two-way analysis of variance followed by Tukey's honestly significant difference  
539 test. Each column represents the mean  $\pm$  standard error. The number of rats examined is  
540 shown in parentheses.

541

542 Figure 5

543 L-NAME abolished the antinociceptive effect of lovastatin (Lova) on LPS-induced visceral  
544 allodynia. \*  $P < 0.05$  vs. vehicle + vehicle + LPS, #  $P < 0.05$  vs. vehicle + Lova + LPS by  
545 two-way analysis of variance followed by Tukey's honestly significant difference test. Each  
546 column represents the mean  $\pm$  standard error. The number of rats examined is shown in  
547 parentheses.

548

549 Figure 6

550 Naloxone blocked the antinociceptive effect by lovastatin (Lova) on LPS-induced visceral  
551 allodynia. \*  $P < 0.05$  vs. vehicle + vehicle + LPS, #  $P < 0.05$  vs. vehicle + Lova + LPS by  
552 two-way analysis of variance followed by Tukey's honestly significant difference test. Each  
553 column represents the mean  $\pm$  standard error. The number of rats examined is shown in  
554 parentheses.

555

556 Figure 7

557 Effect of lovastatin (Lova) on colonic permeability. **A** LPS increased the permeability,  
558 which was blocked by lovastatin. **B** Repeated water avoidance stress (WAS) increased the  
559 permeability, and lovastatin abolished this response. Sham; sham stress. \*  $P < 0.05$  vs.  
560 vehicle + vehicle or vehicle + sham, #  $P < 0.05$  vs. vehicle + LPS or vehicle + WAS by  
561 two-way analysis of variance followed by Tukey's honestly significant difference test. Each

562 column represents the mean  $\pm$  standard error. The number of rats examined is shown in  
563 parentheses.













