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Lipopolysaccharide induces visceral hypersensitivity; role of interleukin-1, interleukin-6 and peripheral corticotropin-releasing factor in rats

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## Abstract

**Background.** Lipopolysaccharide (LPS) induces visceral hypersensitivity, and corticotropin-releasing factor (CRF) also modulates visceral sensation. Besides, LPS increases CRF immunoreactivity in rat colon, which raising the possibility of the existence of link between LPS and CRF system on modulating visceral sensation. The present study tried to clarify this possibility.

**Methods.** Visceral sensation was assessed by abdominal muscle contractions induced by colonic balloon distention, i.e., visceromotor response, electrophysiologically in conscious rats. The threshold of visceromotor response was measured before and after drugs administration. **Results.** LPS at a dose of 1 mg/kg subcutaneously (sc) decreased the threshold at 3 h after the administration.

Anakinra (20 mg/kg), interleukin-1 (IL-1) receptor antagonist or interleukin-6 (IL-6) antibody (16.6 µg/kg) intraperitoneally (ip) blocked this action. Additionally, IL-18 (10 µg/kg, sc) or IL-6 (10 µg/kg, sc) induced visceral allodynia. Astressin (200 µg/kg, ip), non-selective CRF receptor antagonist, abolished the LPS action, but astressin<sub>2</sub>-B (200 µg/kg, ip), CRF receptor type 2 (CRF2) antagonist

did not alter it. Peripheral CRF receptor type 1 (CRF1) stimulation by cortagine (60 µg/kg, ip) exaggerated, but activation of CRF2 by urocortin 2 (60 µg/kg, ip) abolished the action by LPS. ***Conclusions.*** LPS induced visceral allodynia possibly through stimulating IL-1 and IL-6 release. In addition, this action was mediated through peripheral CRF signaling. Since LPS-cytokines system is thought to contribute to altered visceral sensation in the patients with irritable bowel syndrome, these results may further suggest that CRF plays a crucial role in the pathophysiology of this disease.

Key words: visceral allodynia, LPS, CRF, IL-1, IL-6

## **Introduction**

Stress alters gastrointestinal (GI) motility and visceral sensation, and corticotropin-releasing factor (CRF) are involved in these changes [1]. The actions of CRF are mediated through the activation of two receptors, CRF receptor type 1 (CRF1) and type 2 (CRF2) [2, 3]. In addition to CRF, CRF-related peptides, urocotins (Ucns; Ucn1, Ucn2 and Ucn3) bind to CRF receptors, which also mediate visceral stress responses [4, 5].

Irritable bowel syndrome (IBS) is one of the functional GI disorders characterized by the presence of recurrent or chronic abdominal pain or discomfort with altered bowel habits without any organic cause [6]. The pathophysiology remains incompletely understood but disturbed gut motility and altered visceral sensory function play an important role [1]. Since these altered GI functions are reproduced by exogenous CRF or Ucns, CRF signaling is thought to be a key factor in the pathophysiology of IBS [1, 7].

Besides, growing evidence supports that peripheral immune mechanisms could also contribute to the IBS pathophysiology [8, 9]. Some IBS patients display low-grade gut mucosal inflammation with activated mast cells, enhanced expression of proinflammatory

cytokines and increased gut permeability, resulting in abnormal neural responses, leading to altered colonic functions [1, 10]. Incidentally, peripheral administration of lipopolysaccharide (LPS), which is component of gram-negative bacterial cell walls reproduces these responses [11], and serum LPS is increased in diarrhea-predominant IBS (IBS-D) [12]. Moreover, LPS induces visceral hypersensitivity in human and rats which is possibly mediated through interleukin (IL)-1 $\beta$ , tumor necrosis factor (TNF)- $\alpha$  and IL-6 [13, 14]. Thus LPS-cytokines system may be involved in the visceral hypersensitivity observed in IBS.

LPS is also known to increase CRF and Ucns messenger RNA (mRNA) in the rat colon [15, 16], therefore there may be a possibility of the existence of link between LPS-cytokines and CRF systems on modulating visceral sensation.

In the present study, we tried to clarify the mechanisms of LPS-induced visceral hypersensitivity, and determine the role of cytokines and peripheral CRF signaling in rats.

## **Materials and methods**

### **Animals**

Experiments were conducted in adult male Sprague-Dawley rats (Charles River Laboratory, Atsugi, Japan) weighing about 300 g. Rats were group housed, 3–4 rats/cage under controlled light/dark conditions (lights on 7 a.m.–7 p.m.) with food (Solid rat chow, Oriental Yeast, Tokyo, Japan) and water available ad libitum in a temperature-regulated room (23–25 °C).

## Chemicals

LPS obtained from *Escherichia coli* with the serotype 055:B5, human Ucn2 (Sigma-Aldrich, St. Louis, MO, USA), anakinra (Swedish Orphan Biovitrum, Stockholm, Sweden), IL-1 $\beta$  and IL-6 (Wako Pure Chemical Industries, Osaka, Japan) were dissolved in normal saline. Astressin, astressin<sub>2</sub>-B (Sigma-Aldrich) and cortagine (PolyPeptide Laboratories, Torrance, CA, USA) were dissolved in double-distilled water. Goat anti-rat IL-6 neutralizing antibody and normal goat IgG (R&D Systems, Minneapolis, MN, USA) were dissolved in sterile phosphate buffered saline. The doses of the chemicals were determined according to the previous reports [13, 17–22]. The volume of injection was 0.2 ml/rat.



## Measurement of visceral sensation

Visceral sensation was assessed by abdominal muscle contractions in response to colonic distention (visceromotor response; VMR) using electromyogram (EMG) in conscious rats, which was validated as quantitative measure of visceral nociception [23].

## Implantation of electrodes and placement of colonic distention balloon

Under brief ether anesthesia, a small skin incision about 5 mm in length was made in non-fasted rats, and electrodes (Teflon coated stainless steel, 0.05 mm diameter, MT Giken, Tokyo, Japan) for EMG were inserted approximately 2 mm into left side external oblique musculature through the incision. They were fixed to musculature by cyanoacrylate instant adhesive (Aron Alpha, TOAGOSEI, Tokyo, Japan) together with the incised skin. The electrode leads were externalized directly through this closed incision and threaded through a urethane tube. Next, a distension balloon (6-Fr disposable silicon balloon-urethral catheter, JU-SB0601, Terumo Corporation, Tokyo, Japan) was inserted intra-

anally with the distal end positioned 2 cm proximal to the anus. The maximal inflation volume for the balloon was 1.5 ml, and the length of the maximally inflated balloon was 1.2 cm.

#### Colonic distention and monitoring abdominal muscle contractions

After completing the surgery for the electrodes implantation and balloon placement, the rats were placed in Bollmann cages, and were allowed to recover from the anesthesia and adjusted to the experimental condition for 30 min before testing. (The animals were trained to the experimental conditions by placing them singly in Bollmann cages for 1 h before the day of experiment.) Then electrode leads were connected to an EMG amplifier, and EMG signals were amplified, filtered (3000 Hz), digitized by a PowerLab system (AD Instruments, Colorado Springs, CO, USA) and stored by computer software (LabChart 7, AD Instruments). Colonic distension was performed according to the previous publications [24, 25], namely, ascending method of limits phasic distension was applied in increments of 0.1 mL for 5 sec by inflating the balloon by water using a syringe manually until significant abdominal muscle contractions, i.e., VMR, were induced. The threshold of VMR was

defined as the distended balloon volume (ml) inducing VMR. Tang et al.[26] previously demonstrated that the pain threshold induced by colorectal distention (CRD) could be determined as distended balloon volume in rats using the balloon quite similar to ours and also reported that intracolonic pressure was linearly associated with intraballoon volume in the experiments. The threshold was assessed two times (2 min interval) and the mean of the threshold was calculated as the data of the animals.

#### Experimental procedures

First, the basal level of threshold of VMR was determined, and the electrodes and distention balloon were removed. Later, LPS (1 mg/kg) or vehicle was injected subcutaneously (sc) and the rats were returned to the home cages. After 2.5 h from the injection, they underwent the surgery for the electrodes implantation and balloon placement again under ether anesthesia, and put in the Bollmann cages. After 30 min, i.e., at 3 h later from the injection, the threshold was determined. This protocol followed the previous study demonstrating that LPS (1 mg/kg) induced visceral allodynia at 3 h

later in rats [13]. In addition, the thresholds were also determined before and at 3 h after the injection of IL-1 $\beta$  or IL-6.

Next, in order to determine the effects of drugs on LPS-induced allodynia, the drugs were administered 10 min prior to the LPS injection, and the threshold was determined at 3 h later.

#### Statistical analysis

Data were expressed as means  $\pm$  the standard error. Multiple comparison was performed by one-way analysis of variance (ANOVA) followed by Fisher's Least-Significant-Difference Test. Comparison between two groups was performed using the Student's t or paired t test. SYSTAT 13 software (Systat Software, Chicago, IL, USA) was used throughout the study.

#### Ethical considerations

Approval by the Research and Development and Animal Care Committees at the Asahikawa Medical University (#15132, approved on April 1, 2015) was obtained for all studies.

## Results

Figure 1a depicted the demonstrable recording of EMG. The threshold of VMR (ml), i.e., distended balloon volume inducing significant abdominal muscle contractions was determined.

LPS (1 mg/kg, sc) significantly reduced the threshold at 3 h after the injection but it was not changed in vehicle-treated rats (Fig.1b). The % change threshold, i.e., the value of baseline threshold dividing by the one of the threshold after drugs, multiplied by 100 was reduced in LPS-treated group as compared to controls (Fig.1c).

Since LPS was definitely demonstrated to reduce the threshold as described above, the % change threshold was presented in the following experiments in order to assess the effect of drugs on the LPS response.

First, we tested the effect of anakinra, recombinant human IL-1 receptor antagonist, on LPS-induced visceral allodynia (Fig.2a). Vehicle or anakinra (20 mg/kg) intraperitoneally (ip) per se did not change the threshold, but the antagonist, 10 min prior to LPS abolished the LPS-induced allodynia.

Next, in order to clarify the role of IL-6 on LPS-induced response, vehicle (IgG at a dose of 10 µg/kg) or IL-6 antibody (16.6 µg/kg) was administered ip, 10 min prior to LPS (Fig.2b). Vehicle or IL-6 antibody per se did not alter the threshold. On the other hand, IL-6 antibody significantly attenuated the LPS-induced allodynia.

Later, in order to determine the role of peripheral CRF signaling, astressin, non-selective CRF receptor antagonist, astressin<sub>2</sub>-B, selective CRF2 antagonist or vehicle was administered ip at 10 min before LPS or vehicle injection. Astressin (200 µg/kg) per se did not alter the visceral sensation, while the antagonist at both 50 and 200 µg/kg significantly attenuated the LPS-induced allodynia in a dose responsive manner (Fig.3a). Meanwhile, astressin<sub>2</sub>-B (200 µg/kg) neither changed the basal nor the reduced threshold induced by LPS (Fig.3b).

Next, we determined the effects of peripheral CRF1 or CRF2 activation on LPS-induced allodynia. Cortagine, selective CRF1 agonist at a dose of 60 µg/kg ip did not modified the basal threshold, while the agonist injected at 10 min before LPS injection further potentiated the LPS-induced allodynia (Fig.4a). Ucn2 (60 µg/kg, ip),

selective CRF2 agonist, did not alter the baseline threshold, but abolished the LPS-induced allodynia (Fig.4b).

IL-1 $\beta$  at a dose of 10  $\mu$ g/kg sc significantly reduced the threshold (ml) at 3 h after the injection, indicating IL-1 $\beta$  induced visceral allodynia (Fig.5a). Similarly, IL-6 (10  $\mu$ g/kg sc) also reduced the threshold (Fig.5b).

Then the role of peripheral CRF signaling on IL-1 $\beta$ -induced allodynia was determined. Astressin (200  $\mu$ g/kg, ip) at 10 min prior to IL-1 $\beta$  did not modify the response (Fig.5c).

## **Discussion**

The present study provides new insights regarding the effects of LPS on visceral sensation. LPS induced visceral allodynia, which was mediated through IL-1 and IL-6 pathways. Moreover, this response by LPS was also modulated by peripheral CRF signaling. Activating CRF1 further enhanced the allodynia by LPS but it was abolished by activation of CRF2.

There have been several studies demonstrating that LPS induces visceral hypersensitivity in rats so far [13, 27], and Coelho

et al. [13] demonstrated that LPS-induced visceral allodynia was mediated through IL-1 $\beta$  and TNF- $\alpha$  release. We showed that anakinra blocked the response by LPS and moreover, IL-1 $\beta$  reproduced this response, which are consistent with the above evidence.

IL-1 and TNF- $\alpha$  receptors are proved to be located in the neurons in rat dorsal root ganglia (DRG) and these cytokines act through these receptors to activate sensory neurons [28-30]. Moreover, proinflammatory cytokines induced by LPS facilitate the release of proalgesic mediators such as prostaglandins, which are well known to be a stimulator of sensory afferents [31]. Thus IL-1 $\beta$  and TNF- $\alpha$  evoke visceral hypersensitivity through possibly directly and/or indirectly activating sensory afferents.

IL-6 is also known to be one of the major cytokines induced by LPS, and we tested the role of IL-6 on LPS-induced visceral response. IL-6 antibody (16.6  $\mu$ g/kg) attenuated the LPS-induced allodynia. This dose of antibody was based on the work of Tuna et al. [20] studying blood flow in the central nervous system and the study by Toth et al. [21] determining the role of IL-6 in trauma-



hemorrhagic shock-induced liver injury in rats. Moreover, the administration of IL-6 reproduced the response by LPS.

IL-6 binds either to a membrane-bound IL-6 receptor or a soluble IL-6 receptor, and these IL-6-receptor complexes bind to the transmembrane signal-transducing subunit gp130, thereby generating signal transduction [32]. DRG neurons express gp130 [33], and the injection of IL-6 into a normal knee causes a long-lasting sensitization of nociceptive C-fibers for mechanical stimuli applied to the joint [34]. Like this study, the role of IL-6 on somatic hypersensitivity is well demonstrated [35], but there are only a few studies regarding IL-6 and visceral pain. Buckley et al. [36] reported that monoclonal anti-IL-6 receptor antibodies ip attenuated visceral hyperalgesia in response to CRD in WKY rats model of IBS. These lines of evidence together with our data suggest that IL-6 may activate DRG neurons, which may be one of the mechanisms to induce visceral hypersensitivity by LPS.

In addition, peripheral cytokines can affect neural processing of ascending visceral input by directly reaching the brain through the brain area with incomplete blood-brain barrier, leading to

altering neural activity [37], which may also be involved in the LPS response.

Incidentally, since peripheral administration of LPS also increases proinflammatory cytokine mRNAs in brain [38], the cytokines produced in brain may also be involved. Actually, delayed visceral hypersensitivity at 12 h after LPS injection has been shown to be linked to the central release of IL-1 $\beta$  and/or TNF- $\alpha$  [27]. However, since our study determined the threshold at 3 h after LPS injection, this mechanism might not significantly contribute to our results.

The most important point of our study is that astressin, non-selective CRF antagonist ip blocked the LPS-induced allodynia, indicating that peripheral CRF signaling mediated the LPS response. The peripheral cellular origins of the CRF and Ucns have not been determined definitely so far. However, recent studies demonstrated the expression of CRF receptors and ligands in the colon in various cells such as neuronal (enteric nervous system), enterochromaffin, epithelial and immune cells (macrophage, mast cells, lymphocytes) in rodents and human [39]. Therefore immune

challenge by LPS may stimulate the secretion of these peptides from these cells to activate CRF signaling.

Classically, peripheral CRF1 signaling was thought to be exclusively contribute to stress or CRF-induced enhanced colonic motility and visceral hypersensitivity [7]. However, recent reports including ours demonstrated that peripheral CRF2 signaling suppressed these CRF1-triggered altered colonic functions [18, 22, 40, 41]. In this context, we recently proposed the balance theory of peripheral CRF signaling as follows [18]. Colonic motor and sensation may be determined by the state of the intensity of CRF1 signaling. CRF2 signaling may inhibit the intensity of CRF1 signaling, and the activity balance of peripheral CRF1 and CRF2 signaling possibly determines the functional colonic changes.

In the present study, increased intensity of CRF1 signaling by cortagine further enhanced and CRF2 activation by Ucn2 abolished the allodynia by LPS, which is consistent with the concept of balance theory. Additionally, Ucn2 itself did not alter the basal threshold, which may also supports the adequacy of the theory, because CRF2 activation itself does not change the colonic functions because of a lack of activated CRF1 signaling which is inhibited by

CRF2 [18]. These results suggest that modulation of the LPS-induced altered visceral sensation by peripheral CRF receptors may follow the balance theory.

However, we also had a conflict result that astressin<sub>2</sub>-B, selective CRF2 antagonist did not alter the LPS response. Since LPS is thought to activate not only peripheral CRF1 but also CRF2 by stimulating the release of Ucns [16], the blocking CRF2 would further enhance the intensity of CRF1 signaling activated by LPS and augment the sensitization according to the balance theory. This discrepancy might be explained by the following reason. It was demonstrated that LPS decreased CRF2b mRNA in the rat colon, which is the most common functional CRF2 isoform in the periphery [42], suggesting that LPS may activate CRF1 more strongly than CRF2. In this condition, inhibiting CRF2 might not have enough power to further increase the intensity of CRF1 signaling. The signaling balance might be changed by the expression profile of CRF1 and CRF2, which is dependent on the stress sensitivity of the animals and the nature of loaded stress [43].

Our study also showed the interesting result that cortagine (60 µg/kg) per se did not alter visceral sensation. Since cortagine at

this dose induces visceral hyperalgesia through activating CRF1 in rodents [18], this result is thought to be in conflict with the balance theory. However, allodynia (pain due to a stimulus that does not usually provoke pain) and hyperalgesia (increased pain from a stimulus that usually provokes pain) are different phenomenon [44]. Thus the sensory neurons contributing to hyperalgesia and allodynia might be different. It is possible to think that activating peripheral CRF1 signaling induces exclusively visceral hyperalgesia but does not evoke allodynia. Other possibility is that the difference of timing of cortagine injection and measuring the threshold. Cortagine-induced hyperalgesia was detected at 15 or 30 min after injection [18, 45], which was much shorter time as compared to that of the present study, i.e., 3 h and 10 min. The action of cortagine per se modulating visceral sensation might be disappeared in the present study design.

Since both cytokines and peripheral CRF signaling modulated the LPS response, some interaction between two systems may be expected. We showed that IL-1 $\beta$ -induced allodynia was not reversed by astressin, indicating that IL-1 system might be more downstream signaling to modulate the LPS action. In this context, there is a possibility that CRF signaling modulates the cytokines release

induced by LPS. There are several lines of evidence supporting this possibility. Yuan et al. [16] has very recently demonstrated that peripheral CRF2 signaling dampened the increased proinflammatory cytokines expression in the rat colonic wall induced by LPS. On the other hand, CRF intensifies the response of macrophages to LPS, i.e., augmenting their synthesis of the proinflammatory cytokines through CRF1 [46]. These results may not only support the possibility but also suggest that CRF signaling may have both pro- and anti-inflammatory actions through CRF1 and CRF2, respectively, which agrees well with the balance theory.

The present study has several limitations. We did not test the effect of CRF1 antagonist because all now available selective CRF1 antagonists have been designed to cross the blood-brain barrier [47]. Therefore the role of peripheral CRF1 cannot be clarified directly at present. Central CRF signaling is also known to be involved in visceral hypersensitivity [7], and peripheral LPS activates brain CRF neurons, and increases CRF mRNA [48]. Thus brain CRF is also thought to be involved in the LPS-induced allodynia. Moreover, we did not determined the source of cytokines which were related to the LPS-induced allodynia. Further studies are needed to clarify these issues.

Finally, based on the evidence which has been demonstrated so far, together with our present results, let us discuss the pathophysiology of IBS in terms of LPS, cytokines and peripheral CRF (Fig.6a). Circulatory LPS and proinflammatory cytokines are increased in IBS [12, 49]. LPS may acts on immune cells to stimulate the release of proinflammatory cytokines, which possibly activates visceral afferents, thereby inducing visceral hypersensitivity. It is also known that these released cytokines increases the colonic permeability [50] and induces bacterial translocation and mucosal inflammation [11], which further increase LPS and the cytokines. All these changes are observed in IBS patients [1, 10].

Besides, LPS activates peripheral CRF signaling [15, 16], and it may modulate the immune response induced by LPS, i.e., facilitating or inhibiting the release of proinflammatory cytokines through CRF1 or CRF2, respectively [16, 46], thereby modulating visceral sensation indirectly. Additionally, CRF per se also facilitates or inhibits visceral hypersensitivity, which is not through LPS-cytokine related cascade [18]. Moreover, CRF has a capability to increase gut permeability through CRF1 [1], which may also result in increased LPS and the cytokines.

CRF-CRF1 signaling are thought to be a key factor in the pathophysiology of IBS and CRF1 signaling might be increased in these patients [1, 7]. In other words, CRF signaling balance is abnormally shifted toward CRF1 in IBS according to the balance theory (Fig.6b) [7]. Interestingly, LPS-induced stimulation of cytokines release from peripheral blood mononuclear cells is enhanced, and higher symptoms severity such as urgency, diarrhea, etc. is associated with higher cytokines response induced by LPS in IBS [51]. These lines of evidence suggest that increased CRF1 signaling in IBS may enhance the immune response to LPS, thereby potentiating visceral hypersensitivity, which may be another mechanism of CRF contributing to the pathophysiology of IBS.

In summary, we demonstrated that LPS-induced visceral allodynia was mediated through IL-1 and IL-6 pathways. It is furthermore speculated that the activity balance of peripheral CRF1 and CRF2 signaling may contribute to the LPS-induced visceral allodynia. Since LPS-cytokines system may be associated with the symptoms of IBS patients, CRF may contribute to the pathophysiology of IBS through modulating LPS action.



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## Figure legends

### Figure 1

**a** The threshold of visceromotor response (VMR) was determined by the distended balloon volume (ml) inducing apparent sustained abdominal muscle contractions. Demonstrable EMG recording was depicted. The threshold of VMR was 0.5 ml in this animal. **b** LPS (1 mg/kg, subcutaneously) significantly reduced the threshold (ml) from  $0.56 \pm 0.02$  to  $0.40 \pm 0.03$  ( $p < 0.05$ ), but vehicle did not alter it (basal  $0.54 \pm 0.04$  versus after  $0.56 \pm 0.05$ ,  $p > 0.05$ ). *ns* represents no significant difference. *Asterisk*  $p < 0.05$  (paired t test). **c** % change threshold was significantly reduced in LPS-treated group ( $104.4 \pm 8.2$  for vehicle versus  $72.6 \pm 6.1$  for LPS,  $p < 0.05$ ). Each column represents the mean  $\pm$  the standard error. Number of rats examined is shown in the parenthesis. *Asterisk*  $p < 0.05$  versus vehicle group (Student's t test).

### Figure 2

The effect of intraperitoneal anakinra or IL-6 antibody on LPS-induced visceral allodynia. **a** Anakinra (20 mg/kg) itself did not influence the threshold (% change  $101.4 \pm 8.7$  for vehicle + vehicle versus  $99.5 \pm 5.0$  for anakinra + vehicle,  $p > 0.05$ ) but it abolished the response by LPS ( $77.5 \pm 4.0$  for vehicle + LPS versus  $101.4 \pm 5.1$  for anakinra + LPS,  $p < 0.05$ ). **b** Similarly, IL-6 antibody (16.6  $\mu\text{g}/\text{kg}$ ) attenuated the response by LPS (% change  $63.0 \pm 3.8$  for IgG + LPS versus  $89.1 \pm 10.0$  for IL-6 antibody + LPS,  $p < 0.05$ ) without modifying the basal threshold ( $101.5 \pm 4.7$  for IgG + vehicle versus  $100.3 \pm 4.7$  for IL-6 antibody + vehicle,  $p > 0.05$ ). Each column represents the mean  $\pm$  the standard error. Number of rats examined is shown in the parenthesis. *Asterisk*  $p < 0.05$  versus vehicle + vehicle or IgG + vehicle group, *pound*  $p < 0.05$  versus vehicle + LPS or IgG + LPS group (one-way ANOVA followed by Fisher's Least-Significant-Difference Test).

### Figure 3

The effects of intraperitoneal CRF receptor antagonists on LPS-induced visceral allodynia. **a** Astressin at a dose of 200  $\mu\text{g}/\text{kg}$  per se did not alter the threshold (% change  $95.0 \pm 3.3$  for vehicle + vehicle



versus  $101.7 \pm 6.7$  for astressin at  $200 \mu\text{g}/\text{kg}$  + vehicle,  $p > 0.05$ ) but the antagonist ( $50$  and  $200 \mu\text{g}/\text{kg}$ ) inhibited the response by LPS in a dose responsive manner ( $62.6 \pm 3.7$  for vehicle + LPS versus  $90.8 \pm 8.4$  for astressin at  $50 \mu\text{g}/\text{kg}$  + LPS, or  $117.5 \pm 13.3$  for astressin at  $200 \mu\text{g}/\text{kg}$  + LPS,  $p < 0.05$ , astressin at  $50 \mu\text{g}/\text{kg}$  + LPS versus astressin at  $200 \mu\text{g}/\text{kg}$  + LPS,  $p < 0.05$ ). *Ast*:astressin. **b** Astressin<sub>2</sub>-B ( $200 \mu\text{g}/\text{kg}$ ) neither modified basal threshold (% change  $97.0 \pm 3.2$  for vehicle + vehicle versus  $107.5 \pm 7.5$  for astressin<sub>2</sub>-B + vehicle,  $p > 0.05$ ) nor LPS-induced allodynia ( $70.8 \pm 5.4$  for vehicle + LPS versus  $67.9 \pm 3.2$  for astressin<sub>2</sub>-B + LPS,  $p > 0.05$ ). *Ast<sub>2</sub>-B*:astressin<sub>2</sub>-B. Each column represents the mean  $\pm$  the standard error. Number of rats examined is shown in the parenthesis. *Asterisk*  $p < 0.05$  versus vehicle + vehicle group, *pound*  $p < 0.05$  versus vehicle + LPS group (one-way ANOVA followed by Fisher's Least-Significant-Difference Test).

#### Figure 4

The effect of intraperitoneal CRF receptor agonists on LPS-induced visceral allodynia. **a** Cortagine ( $60 \mu\text{g}/\text{kg}$ ) itself did not change the threshold (% change  $103.0 \pm 4.7$  for vehicle + vehicle versus  $106.1 \pm$

7.2 for cortagine + vehicle,  $p > 0.05$ ) but further enhanced the LPS-induced allodynia ( $74.5 \pm 6.6$  for vehicle + LPS versus  $54.0 \pm 5.8$  for cortagine + LPS,  $p < 0.05$ ). **b** Urocortin 2 ( $60 \mu\text{g}/\text{kg}$ ) itself did not modify the threshold ( $104.3 \pm 6.0$  for vehicle + vehicle versus  $101.3 \pm 10.3$  for urocortin 2 + vehicle,  $p > 0.05$ ) but abolished the response by LPS ( $77.0 \pm 4.3$  for vehicle + LPS versus  $113.0 \pm 5.4$  for urocortin 2 + LPS,  $p < 0.05$ ). *Ucn2*:urocortin 2. Each column represents the mean  $\pm$  the standard error. Number of rats examined is shown in the parenthesis. *Asterisk*  $p < 0.05$  versus vehicle + vehicle group, *pound*  $p < 0.05$  versus vehicle + LPS group (one-way ANOVA followed by Fisher's Least-Significant-Difference Test).

#### Figure 5

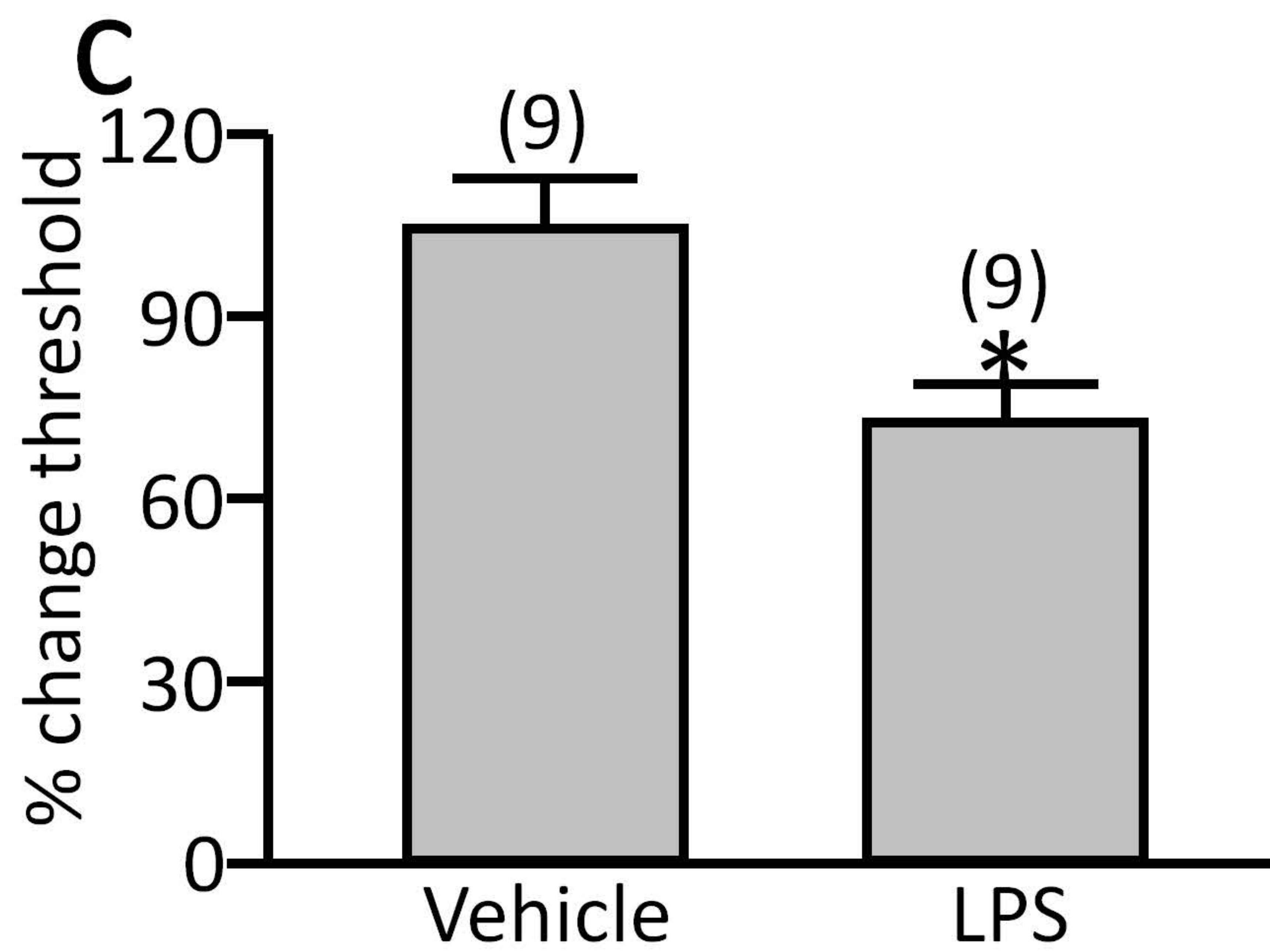
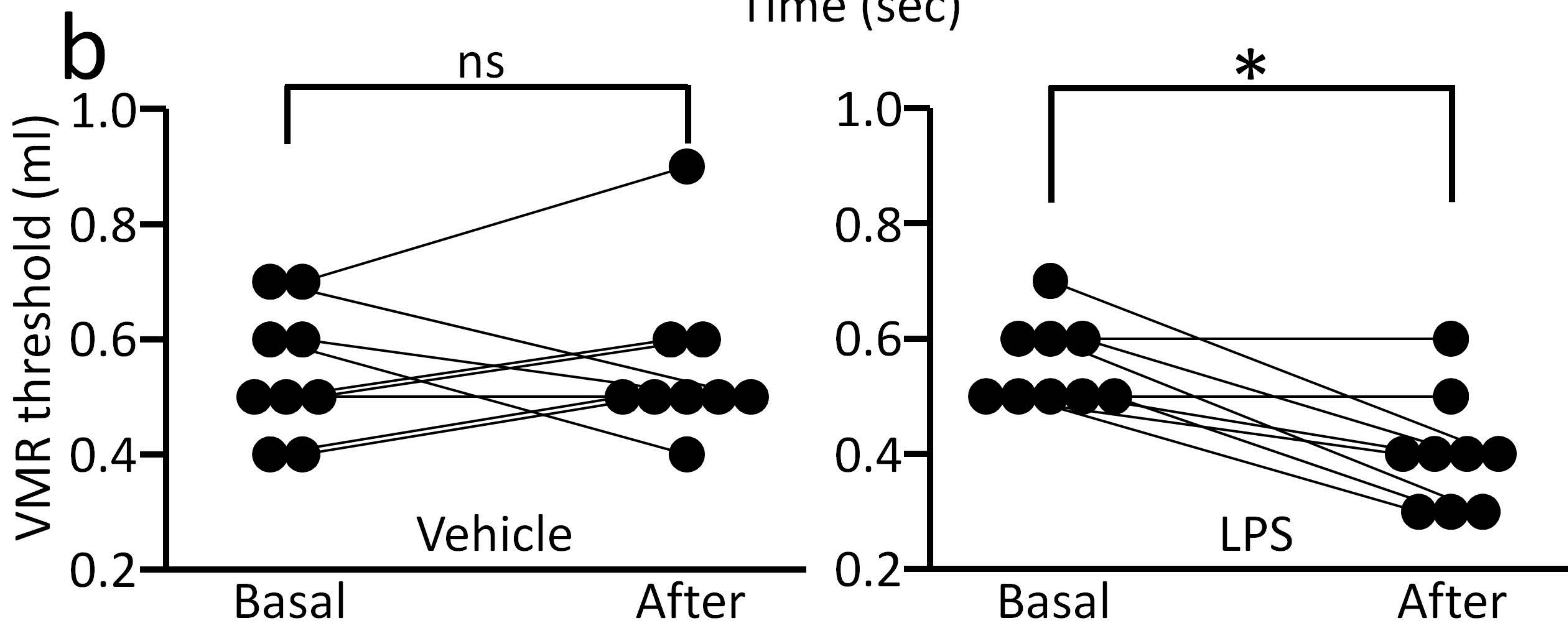
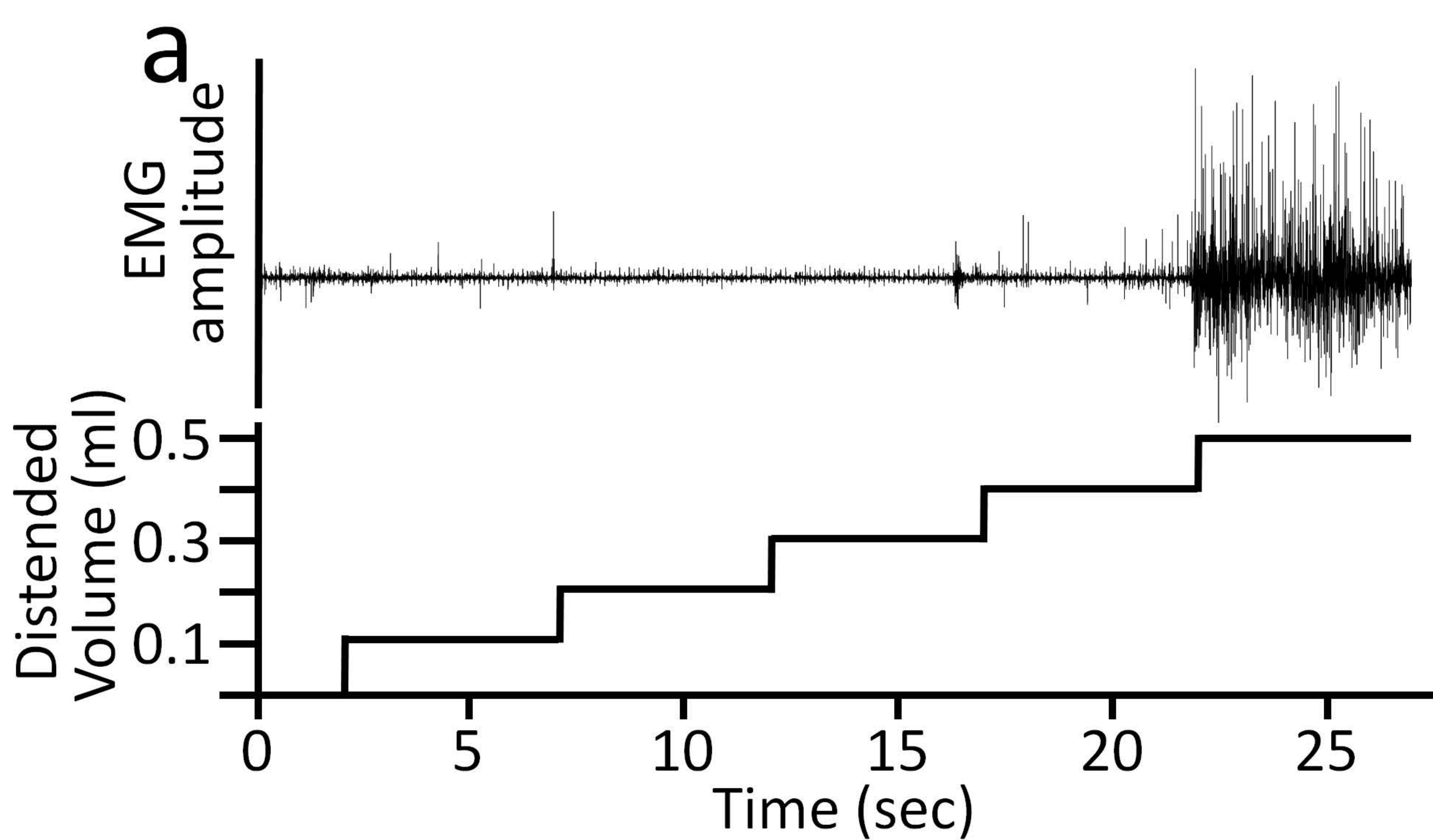
**a** IL-1 $\beta$  ( $10 \mu\text{g}/\text{kg}$ , subcutaneously) significantly reduced the visceromotor response (VMR) threshold (ml) from  $0.52 \pm 0.02$  to  $0.33 \pm 0.03$  ( $p < 0.05$ ) at 3 h after the injection, while vehicle did not change it (basal  $0.53 \pm 0.03$  versus after  $0.50 \pm 0.05$ ,  $p > 0.05$ ). **b** Similarly, IL-6 ( $10 \mu\text{g}/\text{kg}$ , subcutaneously) also reduced the threshold (ml) from  $0.54 \pm 0.03$  to  $0.42 \pm 0.03$  ( $p < 0.05$ ), but vehicle did not alter it (basal  $0.52 \pm 0.02$  versus after  $0.52 \pm 0.02$ ,  $p > 0.05$ ).

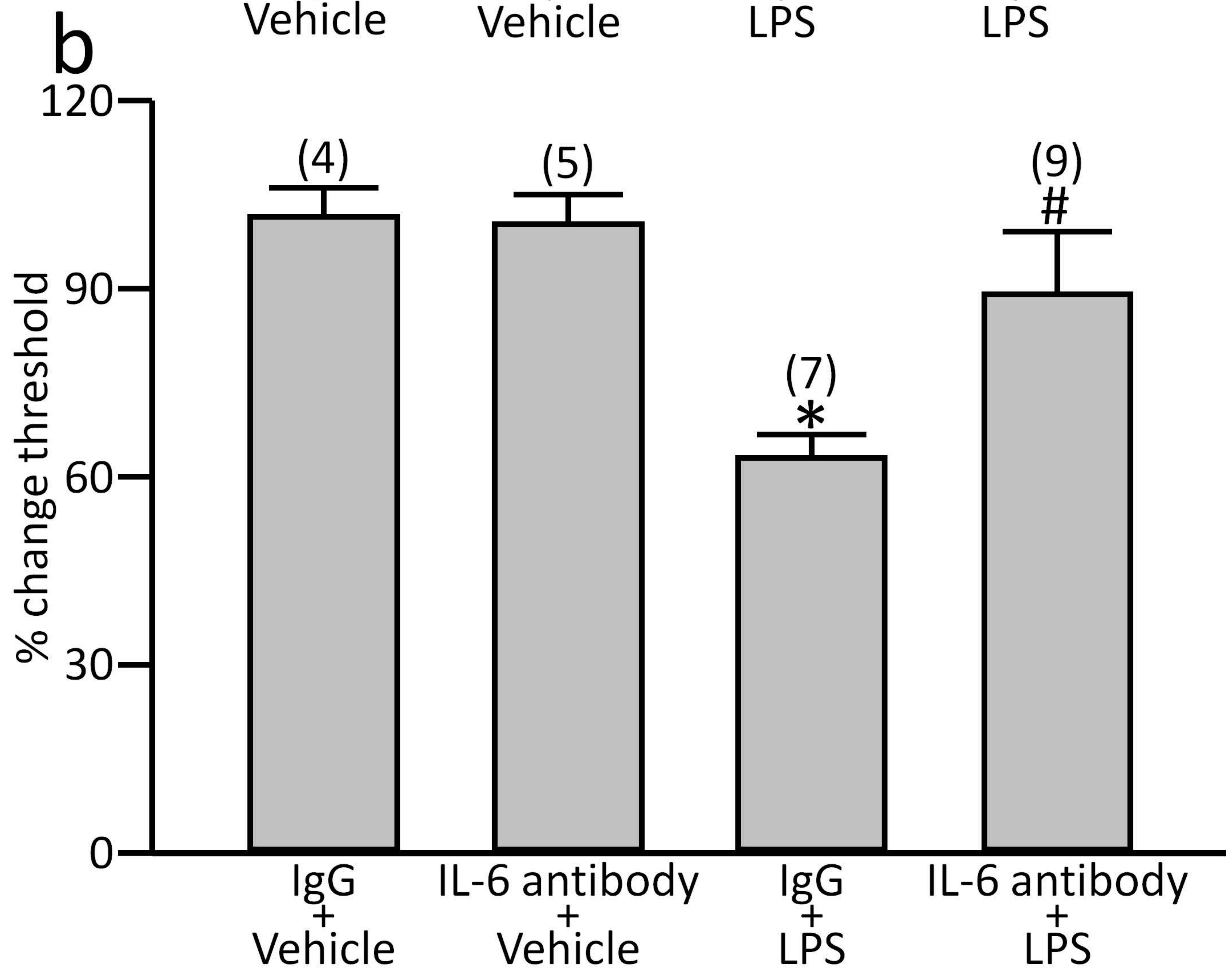
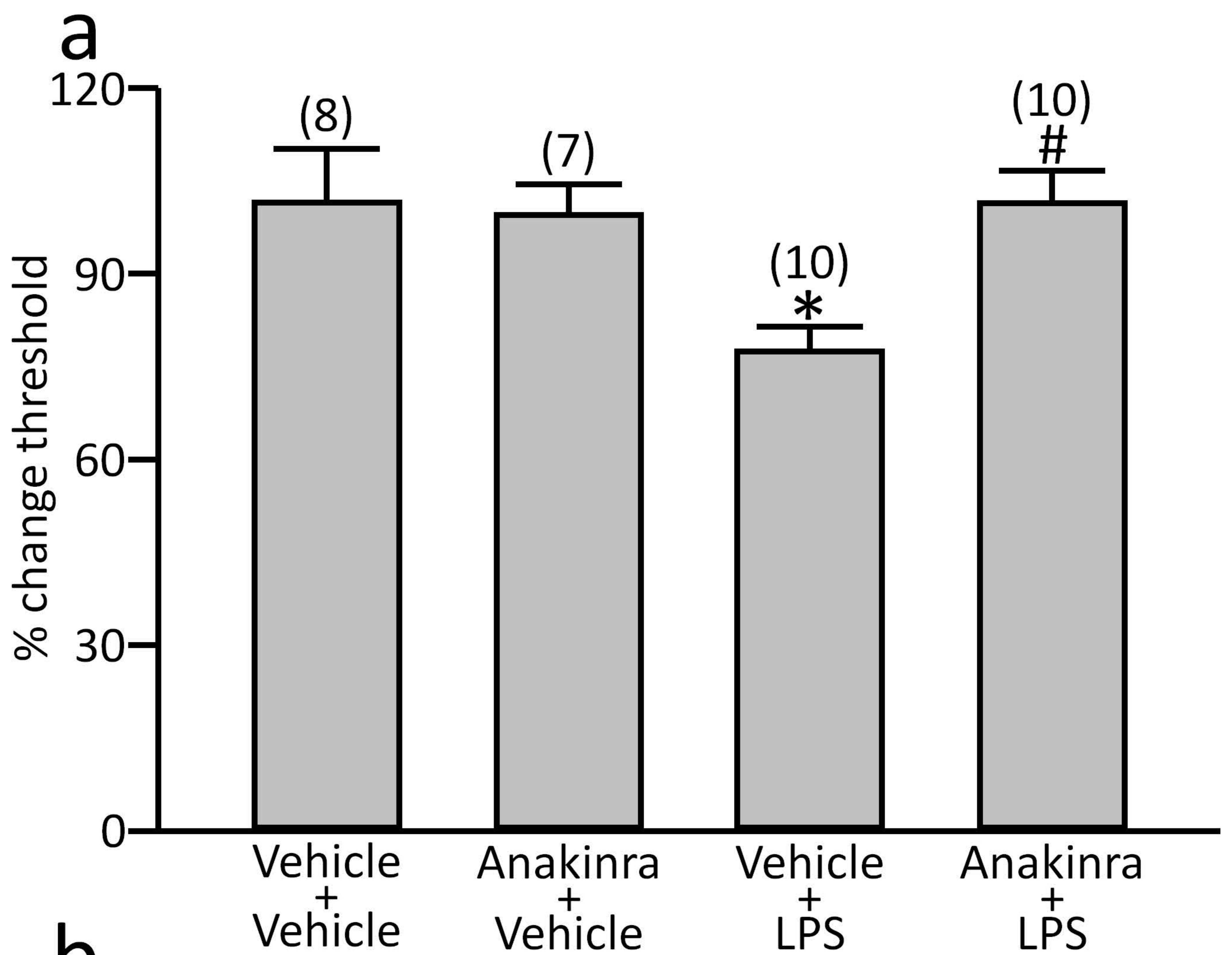
*ns* represents no significant difference. *Asterisk*  $p < 0.05$  (paired *t* test). **c** The effect of intraperitoneal astressin on IL-1 $\beta$ -induced visceral allodynia. Astressin (200  $\mu\text{g}/\text{kg}$ ) did not alter this effect by IL-1 $\beta$  (% change  $101.3 \pm 7.7$  for vehicle + vehicle versus  $61.3 \pm 5.6$  for vehicle + IL-1 $\beta$ ,  $p < 0.05$ ,  $66.0 \pm 4.1$  for astressin + IL-1 $\beta$  versus vehicle + IL-1 $\beta$ ,  $p > 0.05$ ). *Asterisk*  $p < 0.05$  versus vehicle + vehicle group (one-way ANOVA followed by Fisher's Least-Significant-Difference Test). Each column represents the mean  $\pm$  the standard error. Number of rats examined is shown in the parenthesis.

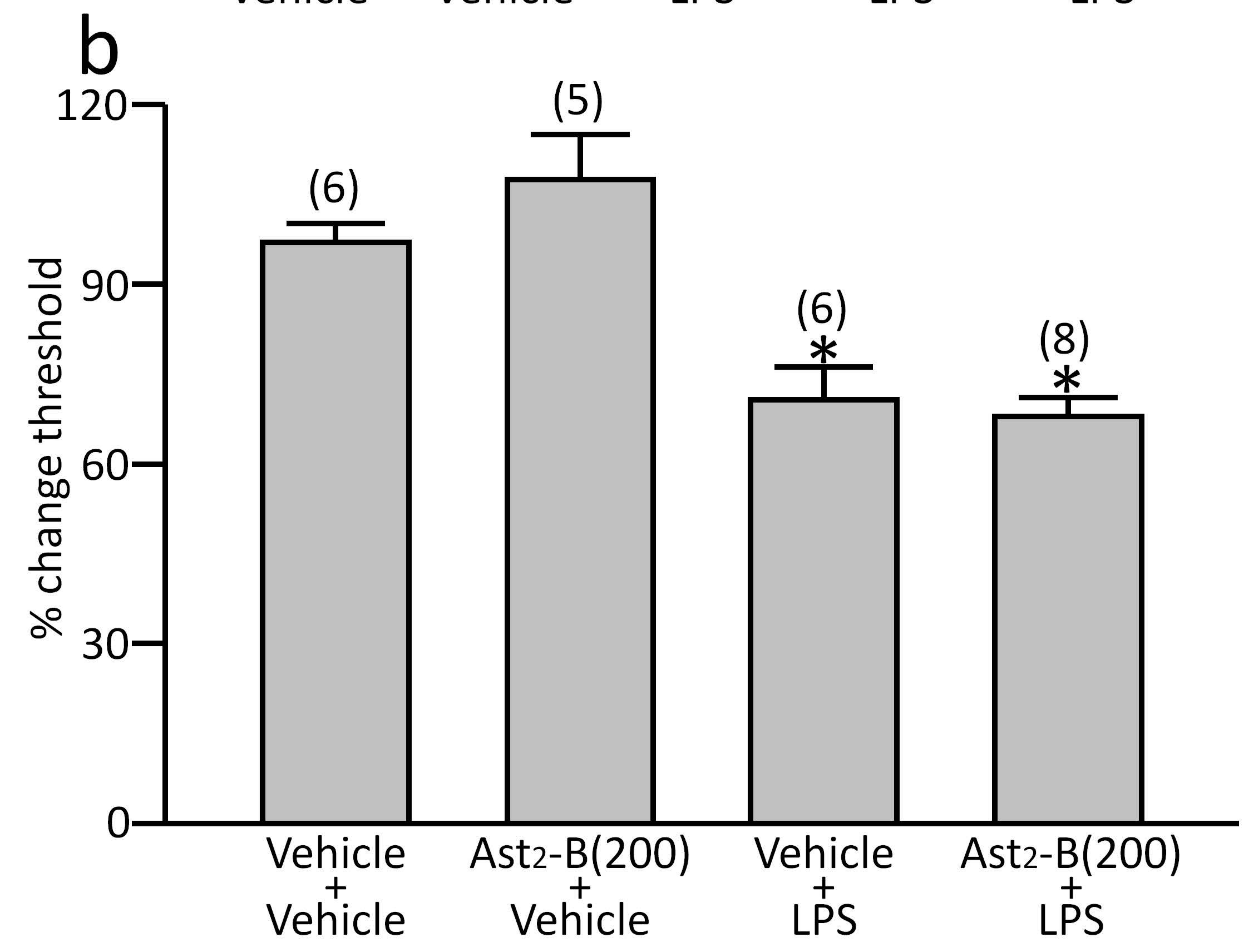
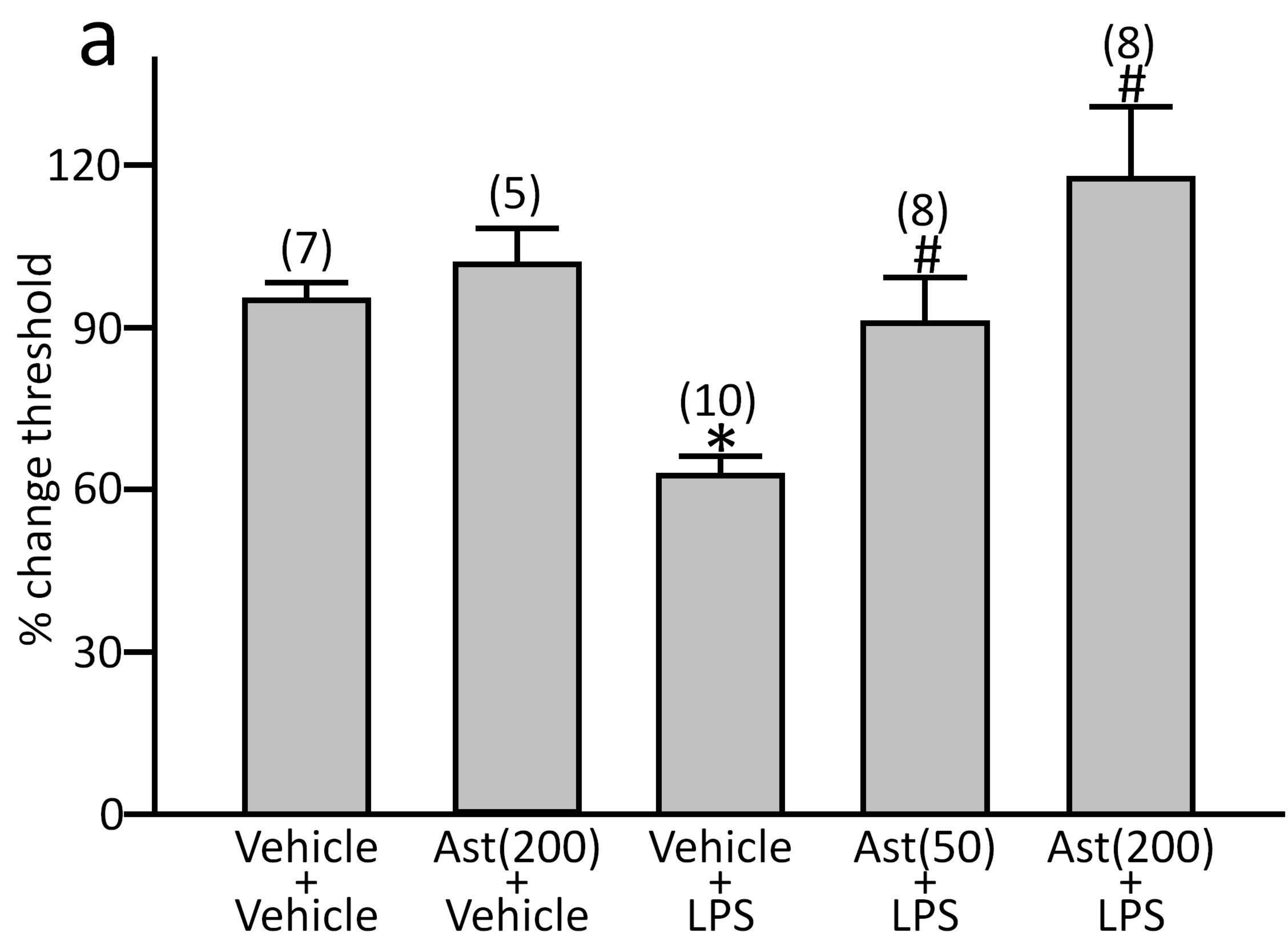
## Figure 6

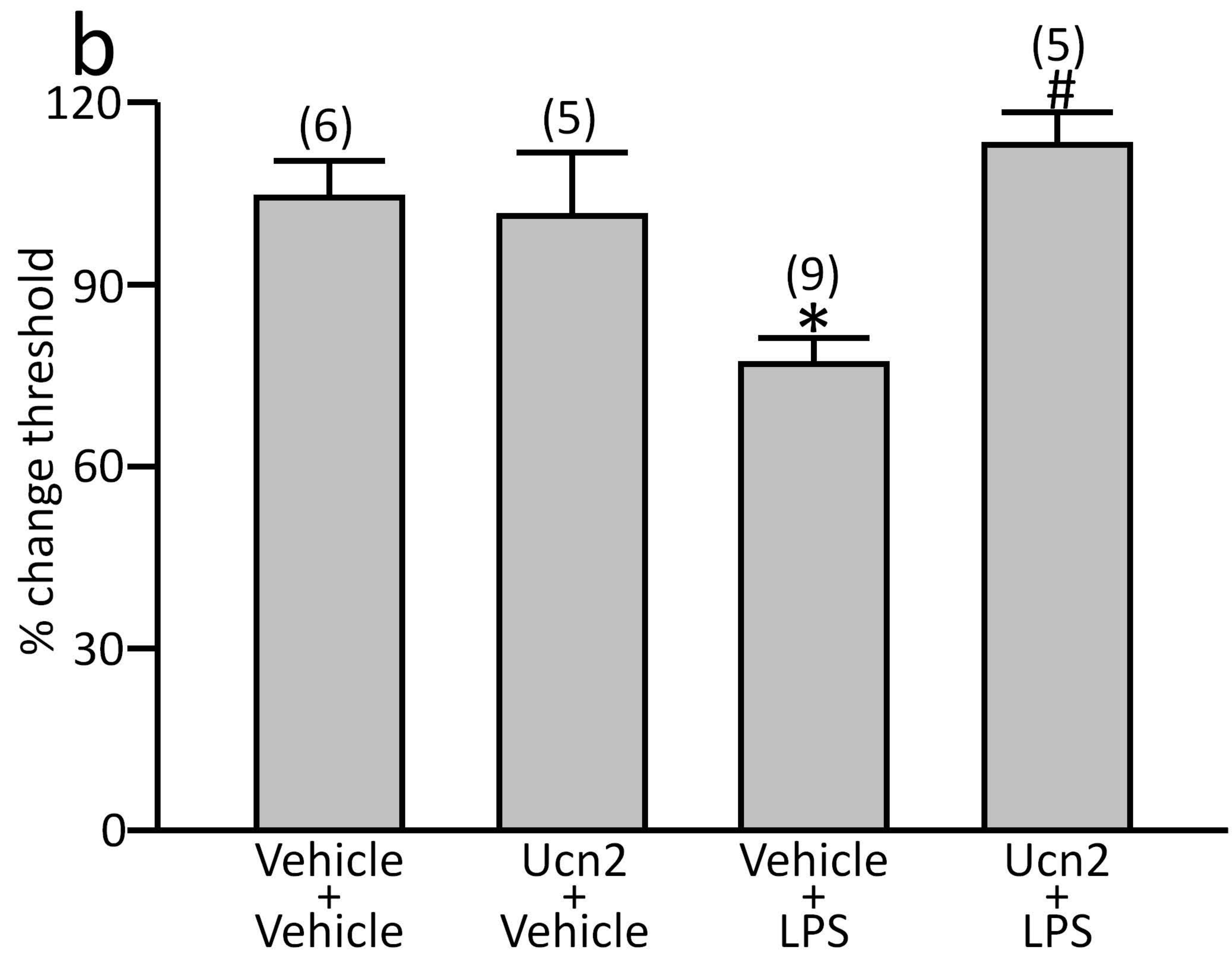
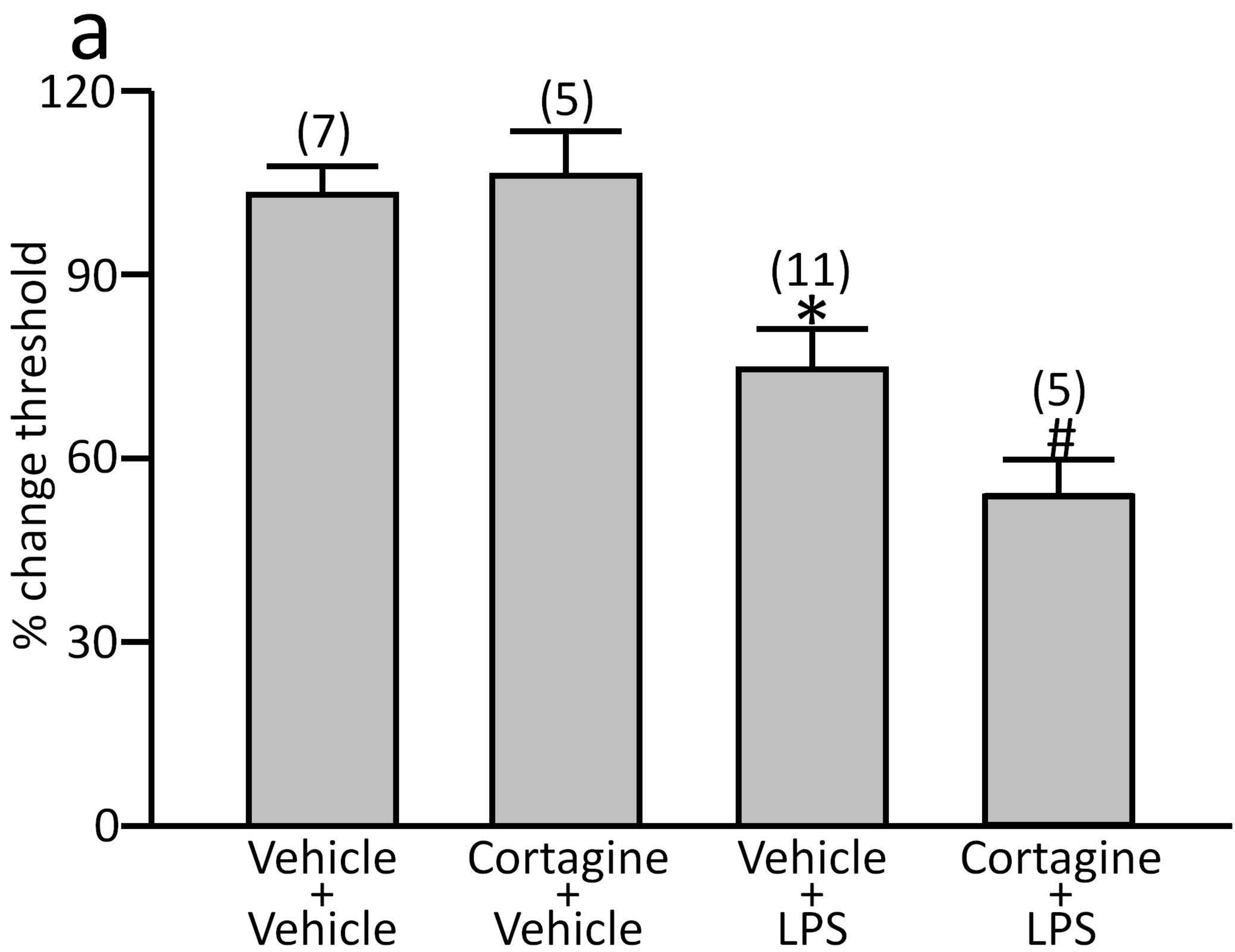
Schematic illustration of our hypothesis in terms of LPS, proinflammatory cytokines and peripheral CRF on the visceral hypersensitivity observed in IBS. **a** LPS acts on immune cells to stimulate the release of proinflammatory cytokines, which possibly activates visceral afferents, thereby inducing visceral hypersensitivity. These released cytokines increase the colonic permeability [50] and induce bacterial translocation and mucosal inflammation [11], which further increases LPS and the cytokines. Incidentally, LPS activates peripheral CRF signaling [15, 16], and it

facilitates or inhibits the release of proinflammatory cytokines through CRF1 or CRF2, respectively [16, 46]. Additionally, CRF per se facilitates or inhibits visceral hypersensitivity [18]. Moreover, CRF has a capability to increase gut permeability through CRF1 [1], which may also result in increased LPS and the cytokines. **b** CRF signaling balance may be abnormally shifted toward CRF1 in IBS [7]. Increased CRF1 signaling in IBS may enhance the cytokines response to LPS, thereby potentiating visceral hypersensitivity. Moreover, it also increases gut permeability, resulting in increased circulatory level of LPS and the cytokines. This hypothesis may explain the fact that visceral hypersensitivity, and increased circulatory levels of LPS and the cytokines observed in IBS [12, 49].

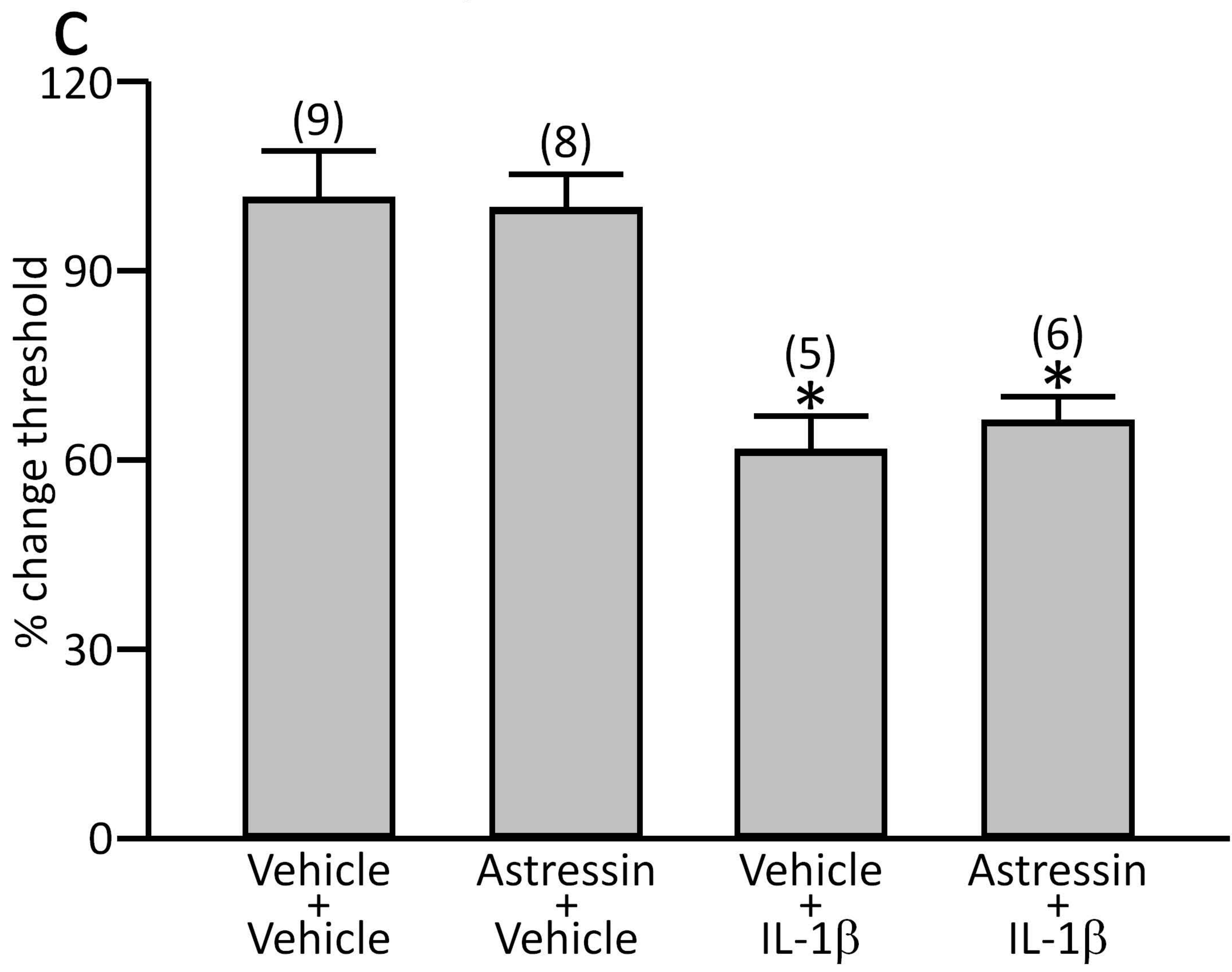
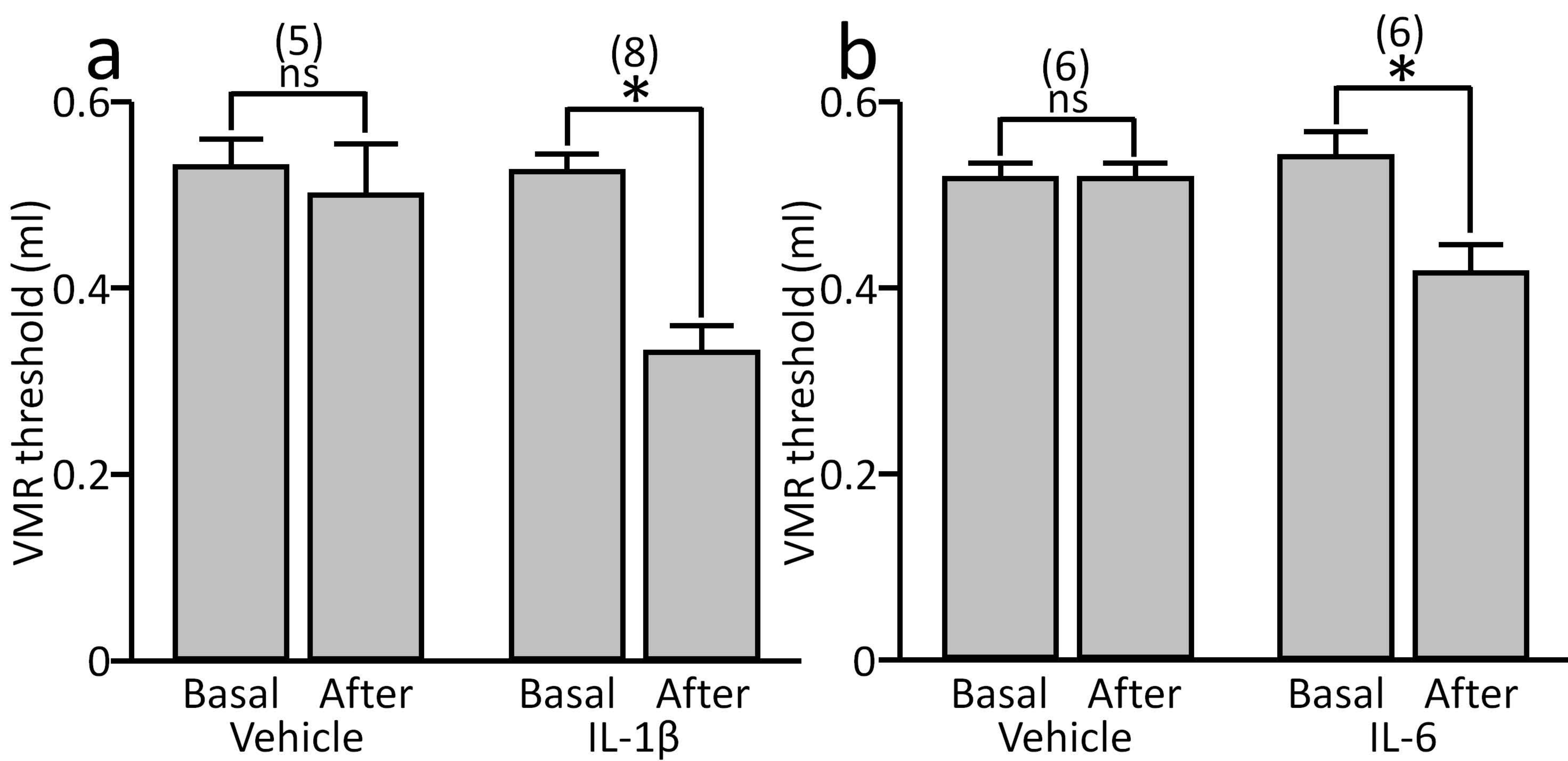


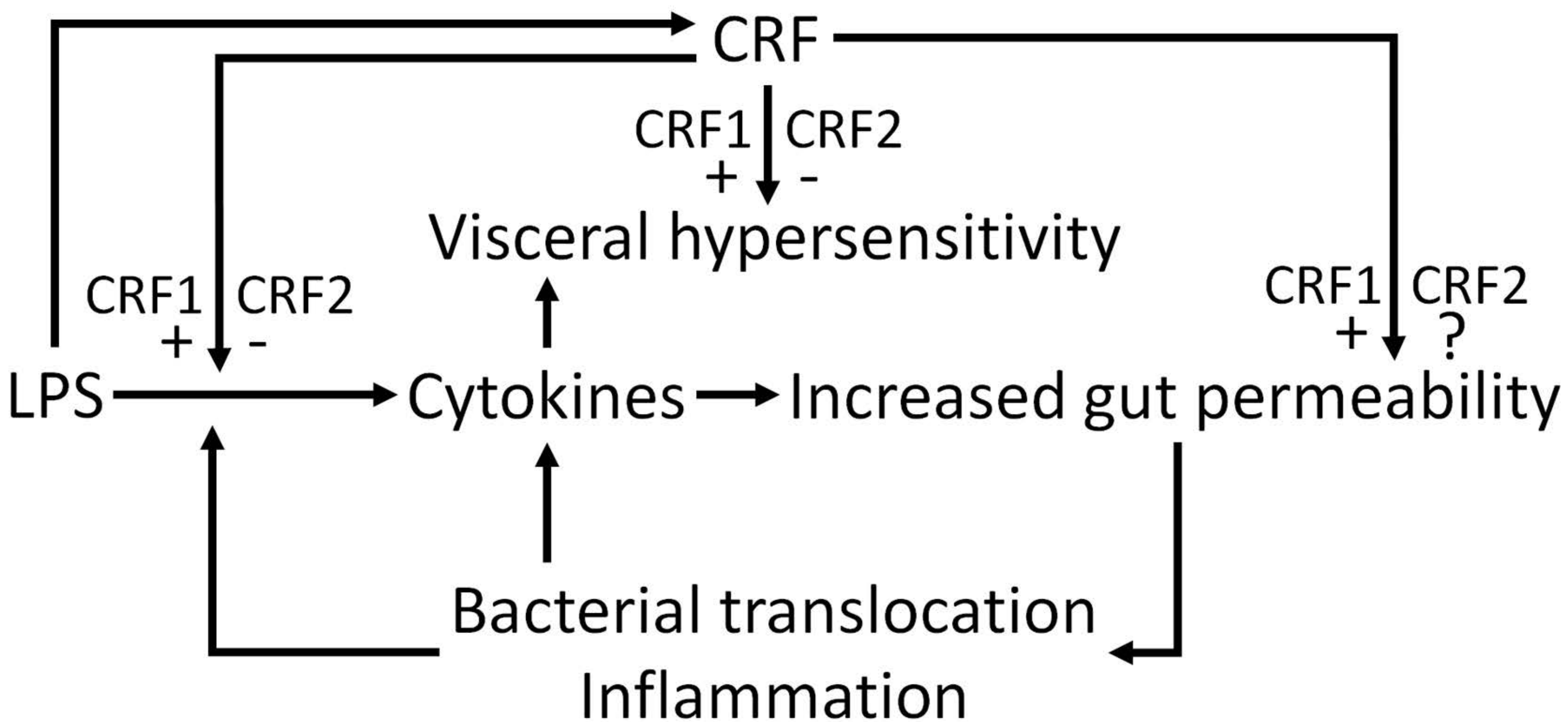










**a****b**

CRF signaling balance in IBS

